



Pos	Pos Cat	Dorsal	T carrera	Ritmo	Nombre	Apellidos	Cat	Club	Dif Cat	Dif Gral	Sex	P. Sex
1	1	292	00:23:24	03:20:00	LUIS ALBERTO	FERNÁNDEZ	SENIOR M	Individual	00:00:00	00:00:00	M	1
2	1	306	00:23:51	03:24:00	KEVIN	DARRIBA CORRAL	PEQUEBOLBORETAS A	LUCUS CAIXA RURAL	00:00:00	00:27:00	M	2
3	1	246	00:24:23	03:28:00	AYOUB	ELKAMEL	PEQUEBOLBORETAS C	ATLETISMO RIA DE FOZ	00:00:00	00:58:00	M	3
4	1	277	00:24:23	03:28:00	PABLO	FERNÁNDEZ GARCÍA	VETERANO A	GENUARIO?S GANG	00:00:00	00:58:00	M	4
5	2	237	00:24:37	03:30:00	MANUEL	PÉREZ PÉREZ	SENIOR M	PRAIAS DE BARREIROS C.D.	01:12:00	01:12:00	M	5
6	2	272	00:26:04	03:43:00	RUBÉN	GARCÍA PIÑEIROA	VETERANO A	CLUB ATLETISMO LOURENZÁ	01:40:00	02:39:00	M	6
7	3	267	00:26:26	03:46:00	RICARDO	LOPEZ FERNÁNDEZ	SENIOR M	INDEPENDIENTE	03:02:00	03:02:00	M	7
8	3	251	00:26:53	03:50:00	JOSE MANUEL	CARREIRA NUÑEZ	VETERANO A	Individual	02:30:00	03:28:00	M	8
9	4	215	00:26:55	03:50:00	GONZALO	GONZÁLEZ AZCÁRATE	VETERANO A	INDEPENDIENTE	02:32:00	03:31:00	M	9
10	4	245	00:27:06	03:52:00	AGUSTIN	RODRIGUEZ PEREZ	SENIOR M	TOXIZA CLUBE DE MONTAÑA	03:42:00	03:42:00	M	10
11	5	254	00:27:08	03:51:00	ADRIAN	MASEDA FERNANDEZ	SENIOR M	INDEPENDIENTE	03:43:00	03:43:00	M	11
12	2	261	00:27:24	03:54:00	JULIÁN	MORENO VIZOSO	PEQUEBOLBORETAS A	Individual	03:32:00	04:00:00	M	12
13	1	305	00:27:36	03:56:00	AINARA	RODRIGUEZ ARES	PEQUEMARIPOSAS A	"MADERAS BARCIA	00:00:00	04:12:00	F	1
14	3	206	00:27:45	03:57:00	YAGO	FREIJE MARIÑO	PEQUEBOLBORETAS A	CLUB ATLETISMO RIBADEO	03:53:00	04:20:00	M	13
15	6	247	00:27:47	03:58:00	DIEGO	CALVECHE	SENIOR M	Individual	04:23:00	04:23:00	M	14
16	7	283	00:27:54	03:58:00	PABLO	CEBRAL POLO	SENIOR M	INDEPENDIENTE	04:29:00	04:29:00	M	15
17	4	209	00:28:03	04:00:00	PABLO	FERNÁNDEZ DÍAZ	PEQUEBOLBORETAS A	CLUB ATLETISMO RIBADEO	04:11:00	04:39:00	M	16
18	2	275	00:28:23	04:03:00	ANA	VALLINES FERNÁNDEZ	PEQUEMARIPOSAS A	LOURENZÁ	00:47:00	04:59:00	F	2
19	5	300	00:28:24	04:03:00	PABLO	IRIMA VEGA	PEQUEBOLBORETAS A	Individual	04:32:00	05:00:00	M	17
20	1	212	00:28:30	04:04:00	EVA MARIA	ARGÜELLES BELTRAN	SENIOR F	GM EL TEXU	00:00:00	05:06:00	F	3
21	1	280	00:28:39	04:05:00	JESÚS	DÍAZ PIÑEIRO	VETERANO B	Individual	00:00:00	05:15:00	M	18
22	2	291	00:28:43	04:05:00	RAQUEL	GUIZÁN CASTRO	SENIOR F	ZEPPELIN TORGUESA FINFLOOR	00:12:00	05:18:00	F	4
23	1	268	00:29:06	04:09:00	ROSALÍA	VILLAR	PEQUEMARIPOSAS C	ATLETISMO RIA DE FOZ	00:00:00	05:41:00	F	5
24	5	230	00:29:32	04:13:00	MOISES	IGLESIAS FERNÁNDEZ	VETERANO A	CLUB ATLETISMO LOURENZÁ	05:09:00	06:08:00	M	19
25	6	270	00:29:49	04:14:00	JOSÉ ANTONIO	LÓPEZ ARIAS	VETERANO A	Individual	05:26:00	06:25:00	M	20
26	8	233	00:30:04	04:17:00	CARLOS	NOVOA RAMOS	SENIOR M	INDEPENDIENTE	06:40:00	06:40:00	M	21
27	7	303	00:30:13	04:18:00	MIGUEL	NEIRA PEREZ	VETERANO A	Individual	05:50:00	06:49:00	M	22
28	3	274	00:30:13	04:18:00	CARME	ALONSO MOURELLE	PEQUEMARIPOSAS A	LOURENZÁ	02:37:00	06:49:00	F	6
29	8	304	00:30:13	04:18:00	SANTI	COLADAS GARCÍA	VETERANO A	Individual	05:50:00	06:49:00	M	23
30	9	297	00:30:17	04:19:00	VICTOR	MARTINEZ BALESEIRO	SENIOR M	Individual	06:53:00	06:53:00	M	24
31	9	255	00:30:18	04:19:00	DANIEL	ROSALES JUEGA	VETERANO A	Individual	05:55:00	06:54:00	M	25
32	10	286	00:30:18	04:19:00	FERNANDO	GONZÁLEZ ALONSO	VETERANO A	Individual	05:55:00	06:54:00	M	26
33	11	236	00:30:30	04:21:00	JOSE RAMON	OTERO RAMOS	VETERANO A	INDEPENDIENTE	06:07:00	07:05:00	M	27
34	10	287	00:30:30	04:20:00	JULIO	GARCIA CAYON	SENIOR M	Individual	07:06:00	07:06:00	M	28
35	2	294	00:30:32	04:21:00	LORENZO	ALEJOS DOCOBO	VETERANO B	INDEPENDIENTE	01:52:00	07:07:00	M	29
36	11	282	00:30:47	04:23:00	DIEGO	GONZALEZ COBO	SENIOR M	INDEPENDIENTE	07:23:00	07:23:00	M	30
37	6	263	00:30:57	04:24:00	ANGEL	CAYÓN FERNANDEZ	PEQUEBOLBORETAS A	Individual	07:06:00	07:33:00	M	31
38	1	204	00:31:01	04:25:00	ROCÍO	DÍAZ MESA	VETERANA A	CLUB ATLETISMO RIBADEO	00:00:00	07:37:00	F	7
39	3	234	00:31:02	04:25:00	JOSE RAMON	PEREZ FERNANDEZ	VETERANO B	G.C.NAVIEGO	02:23:00	07:38:00	M	32
40	12	276	00:31:07	04:25:00	JOSE ANTONIO	CALVO	SENIOR M	LOURENZÁ	07:43:00	07:43:00	M	33
41	13	241	00:31:19	04:28:00	AITOR	GARCIA AMOR	SENIOR M	CLUB ATLETISMO RIBADEO	07:55:00	07:55:00	M	34



Pos	Pos Cat	Dorsal	T carrera	Ritmo	Nombre	Apellidos	Cat	Club	Dif Cat	Dif Gral	Sex	P. Sex
42	14	293	00:31:25	04:28:00	MARTIN	MERA RIO	SENIOR M	Individual	08:01:00	08:01:00	M	35
43	12	253	00:31:25	04:28:00	VÍCTOR	NOVOA RAMOS	VETERANO A	Individual	07:02:00	08:01:00	M	36
44	3	226	00:31:37	04:30:00	MARIA JOSE	ATADELL CAL	SENIOR F	Individual	03:06:00	08:12:00	F	8
45	4	248	00:31:37	04:31:00	JUAN	IZQUIERDO HERRERO	VETERANO B	INDEPENDIENTE	02:57:00	08:13:00	M	37
46	15	252	00:31:42	04:31:00	NOE	LOPÉZ PAZ	SENIOR M	Individual	08:18:00	08:18:00	M	38
47	13	240	00:32:02	04:33:00	JUAN LUIS	MORENO CAZORLA	VETERANO A	Individual	07:39:00	08:38:00	M	39
48	14	229	00:32:02	04:33:00	JOSÉ CASTOR	PÉREZ PICALLO	VETERANO A	INDEPENDIENTE	07:39:00	08:38:00	M	40
49	5	298	00:32:21	04:36:00	PEDRO	ALIJA PÉREZ	VETERANO B	INDEPENDIENTE	03:42:00	08:57:00	M	41
50	16	213	00:32:41	04:39:00	ALFONSO	MÉNDEZ BEN	SENIOR M	Individual	09:17:00	09:17:00	M	42
51	2	214	00:32:45	04:40:00	YOLANDA	FERNÁNDEZ LÓPEZ	VETERANA A	INDEPENDIENTE	01:44:00	09:21:00	F	9
52	4	249	00:32:52	04:41:00	FRANCISCA	DÍAZ PÉREZ	SENIOR F	Individual	04:22:00	09:28:00	F	10
53	17	201	00:32:58	04:42:00	CONCEPCIÓN	FERNÁNDEZ CENDOYA	SENIOR M	Individual	09:34:00	09:34:00	F	11
54	18	264	00:32:59	04:42:00	JOSÉ MARÍA	MON GARCÍA	SENIOR M	CEREZOBIKES	09:34:00	09:34:00	M	43
55	19	269	00:32:59	04:42:00	JOSÉ ANTONIO	CEREZO NAVIA	SENIOR M	Individual	09:35:00	09:35:00	M	44
56	20	281	00:33:01	04:42:00	CARLOS	NIETO MOURONTE	SENIOR M	INDEPENDIENTE	09:37:00	09:37:00	M	45
57	6	207	00:33:13	04:44:00	JOSE ANTONIO	FREIJE LÓPEZ	VETERANO B	CLUB ATLETISMO RIBADEO	04:34:00	09:49:00	M	46
58	3	273	00:33:14	04:44:00	INMA	ANDINA PENDÁS	VETERANA A	CLUB ATLETISMO LOURENZÁ	02:12:00	09:49:00	F	12
59	5	256	00:33:34	04:47:00	LUCIA	VIDAL GOMEZ	SENIOR F	Individual	05:03:00	10:09:00	F	13
60	15	260	00:33:37	04:47:00	ROGELIO	CAJÓN GARCÍA	VETERANO A	Individual	09:14:00	10:13:00	M	47
61	16	262	00:33:51	04:49:00	PEDRO LUIS	CAJÓN OTERO	VETERANO A	Individual	09:28:00	10:26:00	M	48
62	17	239	00:33:51	04:49:00	JOSÉ RAMÓN	MENDEZ GIL	VETERANO A	Individual	09:28:00	10:26:00	M	49
63	21	295	00:33:54	04:49:00	GONZALO	RÍO VEIGA	SENIOR M	Individual	10:30:00	10:30:00	M	50
64	22	296	00:33:55	04:49:00	CÉSAR	LÓPEZ-LEITON VEIGA	SENIOR M	Individual	10:31:00	10:31:00	M	51
65	18	231	00:34:18	04:53:00	ENRIQUE	BOLADO SAN MARTIN	VETERANO A	ATLETISMO RIA DE FOZ	09:55:00	10:53:00	M	52
66	6	279	00:34:24	04:54:00	BEGOÑA	SOTO SEXTO	SENIOR F	Individual	05:53:00	11:00:00	F	14
67	1	203	00:34:30	04:55:00	MARTA	FERNÁNDEZ DÍAZ	PEQUEMARIPOSAS B	CLUB ATLETISMO RIBADEO	00:00:00	11:06:00	F	15
68	7	205	00:34:58	04:59:00	CAROLINA	LINARES MORÁN	SENIOR F	CLUB ATLETISMO RIBADEO	06:27:00	11:34:00	F	16
69	4	259	00:35:49	05:05:00	SORAYA	COBALLE DEL RÍO	VETERANA A	INDEPENDIENTE	04:47:00	12:24:00	F	17
70	8	211	00:35:57	05:07:00	VALVANERA.	SAN MAMED.	SENIOR F	INDEPENDIENTE	07:26:00	12:33:00	F	18
71	1	225	00:35:57	05:07:00	ISABEL	MONTERO VADILLO	VETERANA B	RÍA DE FOZ	00:00:00	12:33:00	F	19
72	7	285	00:36:06	05:09:00	HUGO	VILLALBA LEÓN	PEQUEBOLBORETAS A	LOURENZÁ	12:15:00	12:42:00	M	53
73	19	235	00:36:48	05:14:00	CARLOS	DEVESA LOPEZ	VETERANO A	INDEPENDIENTE	12:25:00	13:24:00	M	54
74	23	288	00:36:49	05:14:00	VICTOR	COUTO BARRIENTOS	SENIOR M	Individual	13:25:00	13:25:00	M	55
75	24	223	00:37:31	05:20:00	RAFAEL	RODRIGUEZ	SENIOR M	Individual	14:06:00	14:06:00	M	56
76	25	222	00:37:31	05:20:00	PEDRO	DOÑATE LOPEZ	SENIOR M	Individual	14:06:00	14:06:00	M	57
77	9	238	00:38:03	05:25:00	VANESA	LARRIER LASTRA	SENIOR F	Individual	09:32:00	14:39:00	F	20
78	10	242	00:38:40	05:30:00	ELI	DÍAZ LÓPEZ	SENIOR F	CLUB ATLETISMO RIBADEO	10:09:00	15:16:00	F	21
79	2	317	00:39:02	05:34:00	MARIO	NIETO FRAGA	PEQUEBOLBORETAS C	Individual	14:39:00	15:38:00	M	58
80	1	316	00:39:03	05:34:00	RAFAEL	ROUCO MARCOS	PEQUEBOLBORETAS B	Individual	00:00:00	15:39:00	M	59
81	11	265	00:39:20	05:36:00	LAURA	PÉREZ RODIL	SENIOR F	INDEPENDIENTE	10:49:00	15:55:00	F	22
82	12	284	00:39:23	05:36:00	ANTÍA	BARCIA VARELA	SENIOR F	INDEPENDIENTE	10:52:00	15:58:00	F	23



Pos	Pos Cat	Dorsal	T carrera	Ritmo	Nombre	Apellidos	Cat	Club	Dif Cat	Dif Gral	Sex	P. Sex
83	13	202	00:39:42	05:39:00	AURO ELENA	FERNÁNDEZ GUTIÉRREZ	SENIOR F	INDEPENDIENTE	11:11:00	16:17:00	F	24
84	14	266	00:39:42	05:39:00	ESTHER	MOURENZA FERNÁNDEZ	SENIOR F	ATLETISMO FRIOL	11:11:00	16:17:00	F	25
85	8	302	00:39:53	05:41:00	DAVID	FANEGO LOPEZ	PEQUEBOLBORETAS A	INDEPENDIENTE	16:01:00	16:29:00	M	60
86	5	271	00:40:00	05:41:00	SILVIA	LAMELAS RODRÍGUEZ	VETERANA A	Individual	08:59:00	16:36:00	F	26
87	15	224	00:40:24	05:45:00	MARÍA	FONSECA ROZA	SENIOR F	Individual	11:53:00	17:00:00	F	27
88	16	221	00:41:16	05:53:00	LAURA	CASTRO LOPEZ	SENIOR F	Individual	12:46:00	17:52:00	F	28
89	17	289	00:41:16	05:53:00	BARBARA	SUAREZ LESTAO	SENIOR F	Individual	12:46:00	17:52:00	F	29