



Pos	Pos Cat	Dorsal	T carrera	Ritmo	nombre	Apellidos	Cat	Club	Dif Cat	Dif Gral	Sex	
1	1	59	01:26:03	04:05:00	ALEJANDRO	PALEO MOSQUERA	SENIOR M	INDEPENDIENTE	00:00:00	00:00:00	M	1
2	2	1	01:26:42	04:07:00	SIMÓN	GONZÁLEZ RÍO	SENIOR M	INDEPENDIENTE	00:38:00	00:38:00	M	2
3	3	84	01:26:55	04:08:00	LUIS	PEREZ VARELA	SENIOR M	PASA OU ENTORNA	00:52:00	00:52:00	M	3
4	4	86	01:27:07	04:08:00	MARCOS	RODRIGUEZ DÍAZ	SENIOR M	CLUB ATLETISMO LOURENZÁ	01:03:00	01:03:00	M	4
5	5	28	01:27:48	04:10:00	MARTÍN	PARDIÑAS DÍAZ	SENIOR M	TOXIZA CLUBE DE MONTAÑA	01:44:00	01:44:00	M	5
6	6	55	01:27:59	04:11:00	ALEJANDRO	AMIGO LOPEZ	SENIOR M	PASA OU ENTORNA	01:56:00	01:56:00	M	6
7	7	71	01:28:39	04:13:00	SIRO	MASEDA	SENIOR M	CCEO/TOXIZA CLUBES DE MONTAÑA	02:35:00	02:35:00	M	7
8	8	18	01:29:35	04:15:00	AGUSTÍN	NAVARRO VIDAL	SENIOR M	LUDO AVENTURA	03:32:00	03:32:00	M	8
9	9	38	01:34:11	04:28:00	CARLOS	NAVEIRAS ROUCO	SENIOR M	ZEPPELIN FINFLOOR	08:07:00	08:07:00	M	9
10	10	98	01:34:14	04:29:00	IBAN	MENDEZ OROZA	SENIOR M	ATLETISMO RIA DE FOZ	08:10:00	08:10:00	M	10
11	1	47	01:34:58	04:31:00	MANOLO	PARDIÑAS VEGA	VETERANO A	Individual	00:00:00	08:54:00	M	11
12	11	90	01:35:53	04:33:00	GUSTAVO	GRAÑA MEIJIDE	SENIOR M	NOSPORTLIMIT	09:49:00	09:49:00	M	12
13	12	99	01:35:58	04:34:00	RUBEN	JIMENEZ	SENIOR M	Individual	09:55:00	09:55:00	M	13
14	1	81	01:36:12	04:34:00	JUAN LUIS	GÓMEZ DEL RIO	VETERANO B	CLUB ATLETISMO RIBADEO	00:00:00	10:08:00	M	14
15	13	68	01:36:20	04:34:00	JESÚS	RIVAS PRADO	SENIOR M	ATLETISMO FRIOL	10:16:00	10:16:00	M	15
16	14	53	01:36:29	04:35:00	CARLOS	CÁCERES BERNAL 49	SENIOR M	PASA OU ENTORNA	10:25:00	10:25:00	M	16
17	15	46	01:36:36	04:35:00	DAVID	SENRA EIROA	SENIOR M	NOSPORTLIMIT	10:33:00	10:33:00	M	17
18	2	60	01:36:45	04:36:00	FRANCISCO	LADRA SANMARTIN	VETERANO A	INDEPENDIENTE	01:47:00	10:41:00	M	18
19	16	6	01:37:16	04:37:00	ANTONIO	BARCIA TEIJEIRO	SENIOR M	Individual	11:13:00	11:13:00	M	19
20	3	20	01:38:30	04:41:00	ANTONIO	SALAVERRI LEIRAS	VETERANO A	HRUNNERCLUB	03:31:00	12:26:00	M	20
21	4	87	01:39:32	04:44:00	JUAN CARLOS	FERNADEZ GARCIA	VETERANO A	Individual	04:34:00	13:28:00	M	21
22	5	58	01:39:33	04:44:00	PEDRO	ESMORÍS GARCÍA	VETERANO A	A.D. SAN ROQUE - VIVEIRO	04:34:00	13:29:00	M	22
23	17	54	01:39:43	04:44:00	DIEGO	RODIL RUA	SENIOR M	TOXIZA CLUBE DE MONTAÑA	13:39:00	13:39:00	M	23
24	6	37	01:39:59	04:45:00	JAVIER	MASEDA CARBALLO	VETERANO A	DREAM TEAM	05:01:00	13:55:00	M	24
25	18	50	01:41:01	04:48:00	JAIRO	LOPEZ FERREIRA	SENIOR M	ASOCIACION CICLOASTUR	14:58:00	14:58:00	M	25
26	2	48	01:42:09	04:51:00	JOSÉ ROBERTO	SÁNCHEZ ANTUÑA	VETERANO B	CORRESIERO ATLETISMO	05:56:00	16:05:00	M	26
27	19	41	01:42:11	04:51:00	AMADOR	PUMARIÑO PÉREZ	SENIOR M	ATLETISMO FONTES DO SAR	16:08:00	16:08:00	M	27
28	7	96	01:42:18	04:52:00	ANTONIO	MARTÍN CAO	VETERANO A	INDEPENDIENTE	07:20:00	16:14:00	M	28
29	8	9	01:42:43	04:53:00	ALBERTO	GARCÍA GONZÁLEZ	VETERANO A	Individual	07:45:00	16:40:00	M	29
30	20	69	01:44:37	04:58:00	PABLO	DÍAZ GARCÍA	SENIOR M	Individual	18:33:00	18:33:00	M	30
31	9	21	01:44:54	04:59:00	JOSÉ LUIS	LONGARELA VAL	VETERANO A	Individual	09:56:00	18:50:00	M	31
32	10	57	01:45:54	05:02:00	ANTÓN	LÓPEZ-LEITÓN VEIGA	VETERANO A	ATLETISMO RÍA DE FOZ	10:56:00	19:50:00	M	32
33	21	11	01:45:58	05:02:00	LINO	DIAZ DIAZ	SENIOR M	Individual	19:54:00	19:54:00	M	33
34	11	56	01:47:26	05:06:00	ROBERTO	FERNANDEZ GARCIA	VETERANO A	CORNELIOS RUNNERS	12:28:00	21:23:00	M	34
35	12	49	01:47:52	05:07:00	LUIS ALBERTO	MENÉNDEZ RUBIERA	VETERANO A	INDEPENDIENTE	12:54:00	21:49:00	M	35
36	22	29	01:48:00	05:08:00	PABLO	ÁLVAREZ RAMOS	SENIOR M	INDEPENDIENTE	21:57:00	21:57:00	M	36
37	23	30	01:48:39	05:10:00	MARCOS	REIMUNDE FIGUEIRA	SENIOR M	FANTO FANTINI	22:35:00	22:35:00	M	37
38	24	31	01:48:39	05:10:00	ROBERTO	FERNANDEZ REY	SENIOR M	Individual	22:36:00	22:36:00	M	38
39	25	17	01:48:46	05:10:00	DIEGO	FRANCO CUBA	SENIOR M	INDEPENDIENTE	22:42:00	22:42:00	M	39
40	26	40	01:49:20	05:12:00	SIMON	CALVIÑO CALVIÑO	SENIOR M	NOSPORTLIMIT	23:16:00	23:16:00	M	40
41	13	52	01:49:49	05:13:00	ANGEL	JUVIÑO PREGO	VETERANO A	DREAM TEAM	14:51:00	23:45:00	M	41



Pos	Pos Cat	Dorsal	T carrera	Ritmo	nombre	Apellidos	Cat	Club	Dif Cat	Dif Gral	Sex	
42	3	8	01:49:56	05:13:00	JUAN JOSE	REGO GONZALEZ	VETERANO B	INDEPENDIENTE	13:44:00	23:53:00	M	42
43	1	91	01:49:58	05:13:00	SANDRA	FERNANDEZ YAÑEZ	SENIOR F	MARZO SAÚDE	00:00:00	23:54:00	F	1
44	4	4	01:52:08	05:20:00	JOSE A	COBELO FRA	VETERANO B	A.D. SAN ROQUE	15:56:00	26:04:00	M	43
45	27	12	01:52:12	05:20:00	JOSE MANUEL	BALSEIRO	SENIOR M	CLUB ATLETISMO RIBADEO	26:08:00	26:08:00	M	44
46	28	74	01:54:18	05:26:00	JAIME	SAMPER FALCÓ	SENIOR M	TOXIZA CLUBE DE MONTAÑA	28:14:00	28:14:00	M	45
47	14	13	01:55:30	05:29:00	MARCELINO	VILLARINO	VETERANO A	TOXIZA CLUBE DE MONTAÑA	20:32:00	29:26:00	M	46
48	15	10	01:55:47	05:30:00	JOSÉ ANGEL	GRANDA NIETO	VETERANO A	INDEPENDIENTE	20:49:00	29:43:00	M	47
49	29	61	02:00:28	05:44:00	ALBERTO	CAO PENA	SENIOR M	TOXIZA CLUBE DE MONTAÑA	34:25:00	34:25:00	M	48
50	2	92	02:00:57	05:45:00	JOSEFINA	PEREZ RIO	SENIOR F	INDEPENDIENTE	10:59:00	34:54:00	F	2
51	5	15	02:01:03	05:45:00	MARIO	CAL VARELA	VETERANO B	Individual	24:50:00	34:59:00	M	49
52	1	32	02:01:13	05:46:00	HELEN JANE	SANDERSON	VETERANA A	INDEPENDIENTE	00:00:00	35:09:00	F	3
53	30	80	02:02:09	05:48:00	ALBERTO	SANJURJO LOZANO	SENIOR M	TOXIZA CLUBE DE MONTAÑA	36:05:00	36:05:00	M	50
54	31	94	02:02:13	05:48:00	MANUEL	GIL CASTRO	SENIOR M	Individual	36:09:00	36:09:00	M	51
55	32	70	02:03:10	05:51:00	CONSTANTINO	ARIAS IGLESIAS	SENIOR M	Individual	37:07:00	37:07:00	M	52
56	33	63	02:03:13	05:51:00	SAMUEL	ROJO ÁLVAREZ	SENIOR M	Individual	37:10:00	37:10:00	M	53
57	34	62	02:03:14	05:51:00	IVÁN	CAO VALLE	SENIOR M	Individual	37:10:00	37:10:00	M	54
58	16	44	02:03:17	05:51:00	PEDRO ENRIQUE	FAGINAS SANCHEZ	VETERANO A	INDEPENDIENTE	28:19:00	37:13:00	M	55
59	17	79	02:03:21	05:52:00	JAVIER	VALORÍA ESMORÍS	VETERANO A	TOXIZA CLUBE DE MONTAÑA	28:22:00	37:17:00	M	56
60	3	45	02:04:07	05:54:00	SILVIA MARIA	DIEZ BERMUDEZ	SENIOR F	INDEPENDIENTE	14:08:00	38:03:00	F	4
61	6	43	02:04:08	05:54:00	JUAN	MENENDEZ ARBESU	VETERANO B	EGOVARROS	27:55:00	38:04:00	M	57
62	35	83	02:05:03	05:56:00	JORGE	DIZ MEDELA	SENIOR M	Individual	38:59:00	38:59:00	M	58
63	18	82	02:06:58	06:02:00	JUAN	COUTO MON	VETERANO A	INDEPENDIENTE	31:59:00	40:54:00	M	59
64	36	76	02:07:02	06:02:00	JORGE	FERNÁNDEZ VIJANDE	SENIOR M	INDEPENDIENTE	40:58:00	40:58:00	M	60
65	37	22	02:08:29	06:06:00	VICTOR MANUEL	RAMOS ALONSO	SENIOR M	FAZOURO RUNNING CLUB	42:25:00	42:25:00	M	61
66	38	89	02:08:34	06:06:00	JUAN ANTONIO	SOBRIDO GONZÁLEZ	SENIOR M	Individual	42:30:00	42:30:00	M	62
67	19	95	02:08:43	06:07:00	UBALDO	BALSEIRO REIGOSA	VETERANO A	INDEPENDIENTE	33:45:00	42:39:00	M	63
68	4	85	02:08:53	06:08:00	MARISA	ARES REIGOSA	SENIOR F	CLUB ATLETISMO LOURENZÁ	18:55:00	42:50:00	F	5
69	39	93	02:09:34	06:09:00	VICENTE RUBÉN	JIMÉNEZ GURREA	SENIOR M	NOSPORTLIMIT	43:31:00	43:31:00	M	64
70	40	23	02:10:05	06:11:00	MARTINEZ	GOMEZ MARTINEZ	SENIOR M	FAZOURO RUNNING CLUB	44:01:00	44:01:00	M	65
71	41	39	02:10:59	06:14:00	MANUEL	FRRNANDEZ	SENIOR M	INDEPENDIENTE	44:55:00	44:55:00	M	66
72	20	78	02:11:26	06:15:00	ANTONIO	RODRIGUEZ DIAZ	VETERANO A	TOXIZA CLUBE DE MONTAÑA	36:27:00	45:22:00	M	67
73	42	14	02:12:06	06:17:00	JAVIER	NIÑE OTERO	SENIOR M	TOXIZA CLUBE DE MONTAÑA	46:02:00	46:02:00	M	68
74	43	65	02:12:36	06:17:00	JAIRO	FERNÁNDEZ DOCOBO	SENIOR M	INDEPENDIENTE	46:32:00	46:32:00	M	69
###	0	64			JAVIER	FERNÁNDEZ POLO	VETERANO B	INDEPENDIENTE			M	