

Pos	rsal	Nombre	Cat.	Tiempo	1(40)	2(60)	3(50)	4(80)	5(70)	Meta
TRAIL 21KM (118)										
1	88	Diego Alonso Astorga CUMBRES DE LEON	21k SEN MAS	2:13:44	44:57	53:27	1:12:57	1:35:14	1:54:48	2:13:44
					44:57	8:30	19:30	22:17	19:34	18:56
2	105	Juan Chamorro Alonso VIAFARMA CLINICA DENTAL	21k SEN MAS	2:23:09	47:25	57:25	1:19:05	1:42:26	2:03:40	2:23:09
					47:25	10:00	21:40	23:21	21:14	19:29
3	66	Oriol Barrera Fernández SALAMANCA RAIDS & TRAILS	21k VET M.A	2:24:21	47:58	58:06	1:19:45	1:43:32	2:04:31	2:24:21
					47:58	10:08	21:39	23:47	20:59	19:50
4	121	David Lima Gutierrez CUMBRES DE LEON	21k VET M.A	2:29:39	49:11	1:00:26	1:20:49	1:45:54	2:08:03	2:29:39
					49:11	11:15	20:23	25:05	22:09	21:36
5	12	Javier Del Ferrero Gonzalez PALLIDE TRAIL	21k SUB23 MA	2:30:35	51:38	1:00:34	1:22:55	1:49:15	2:11:42	2:30:35
					51:38	8:56	22:21	26:20	22:27	18:53
6	7	Carlos Testera González INDEPENDIENTE	21k SEN MAS	2:30:43	51:31	1:01:11	1:22:16	1:47:25	2:09:33	2:30:43
					51:31	9:40	21:05	25:09	22:08	21:10
7	91	Brais Gonzalo Guerra G.M UNIOVI	21k SUB23 MA	2:31:46	50:29	1:01:22	1:22:44	1:47:54	2:10:12	2:31:46
					50:29	10:53	21:22	25:10	22:18	21:34
7	116	Sergio Pajares Rojo BESAYATREK	21k SEN MAS	2:31:46	51:29	1:01:23	1:24:02	1:49:12	2:12:12	2:31:46
					51:29	9:54	22:39	25:10	23:00	19:34
9	87	Héctor Moral INDEPENDIENTE	21k SEN MAS	2:32:44	50:16	1:00:29	1:22:01	1:47:11	2:09:18	2:32:44
					50:16	10:13	21:32	25:10	22:07	23:26
10	83	Borja Cuendias Alvarez DEBRA	21k SEN MAS	2:33:07	49:17	1:00:40	1:23:19	1:49:27	2:13:06	2:33:07
					49:17	11:23	22:39	26:08	23:39	20:01
						2:13:07	2:13:07	2:13:07	2:13:07	
						*70	*70	*70	*70	
11	71	Avelino Flecha Tascón MONTAÑA VILLALFEIDE	21k VET M.B	2:34:26	51:07	1:01:01	1:24:06	1:49:49	2:13:03	2:34:26
					51:07	9:54	23:05	25:43	23:14	21:23
12	9	Sergio Diez Del Ferrero PALLIDE TRAIL	21k SEN MAS	2:37:33	53:38	1:03:20	1:26:32	1:53:29	2:16:13	2:37:33
					53:38	9:42	23:12	26:57	22:44	21:20
13	19	Oscar Andrés Suárez INDEPENDIENTE	21k VET M.B	2:39:25	53:23	1:03:27	1:27:41	1:55:05	2:19:13	2:39:25
					53:23	10:04	24:14	27:24	24:08	20:12
14	73	Juan Carlos Gonzalez Tascon CLUB DE MONTAÑA VILLALF	21k VET M.A	2:41:26	53:48	1:03:48	1:28:26	1:57:54	2:21:12	2:41:26
					53:48	10:00	24:38	29:28	23:18	20:14
15	10	Oscar Del Ferrero González PALLIDE TRAIL	21k SEN MAS	2:43:03	56:12	1:06:00	1:30:03	1:57:58	2:21:51	2:43:03
					56:12	9:48	24:03	27:55	23:53	21:12
16	13	Jesus Zapico Ricaurte GM REINOASTUR UNIVERSI	21k SEN MAS	2:43:28	55:42	1:07:14	1:31:03	1:58:17	2:21:53	2:43:28
					55:42	11:32	23:49	27:14	23:36	21:35
17	48	Alvaro Gonzalo Perez VALDEON	21k SEN MAS	2:44:12	54:40	1:04:56	1:30:14	1:58:45	----	2:44:12
					54:40	10:16	25:18	28:31		45:27
18	75	Jesus Oblanca Sanchez	21k VET M.A	2:49:42	57:13	1:07:12	1:31:10	1:58:45	2:23:45	2:49:42
					57:13	9:59	23:58	27:35	25:00	25:57
19	60	Jairo Alonso Conde ESCUELA DEL CORREDOR	21k SEN MAS	2:51:21	55:32	1:11:12	1:34:05	2:01:40	2:26:34	2:51:21
					55:32	15:40	22:53	27:35	24:54	24:47
20	109	Jose Ramon Vencelles Garci TEAM OBAYA	21k SEN MAS	2:51:32	57:39	1:12:06	1:37:23	2:05:42	2:30:40	2:51:32
					57:39	14:27	25:17	28:19	24:58	20:52
20	46	Fernando Fidalgo Alonso LA DESPENSA DE FER RUN	21k VET M.A	2:51:32	57:35	1:11:46	1:36:54	2:04:53	2:28:59	2:51:32
					57:35	14:11	25:08	27:59	24:06	22:33
22	78	Ruben Gonzalez De La Fuent ASTORGA RUNNING	21k VET M.B	2:53:19	57:16	1:09:32	1:36:47	2:05:32	2:30:14	2:53:19
					57:16	12:16	27:15	28:45	24:42	23:05
23	101	Alberto Sandoval Burón VALDEON	21k VET M.A	2:53:20	57:29	1:09:27	1:36:46	2:05:31	2:30:09	2:53:20
					57:29	11:58	27:19	28:45	24:38	23:11
24	104	Hugo García Cueto INDEPENDIENTE	21k VET M.A	2:53:23	1:00:53	1:12:33	1:37:37	2:06:15	2:31:26	2:53:23
					1:00:53	11:40	25:04	28:38	25:11	21:57
25	59	Ángel Ainsúa Vázquez KTF SPORTS	21k SEN MAS	2:55:20	1:00:04	1:16:14	1:39:28	2:07:26	2:32:05	2:55:20
					1:00:04	16:10	23:14	27:58	24:39	23:15
26	120	MIGUEL RODRIGUEZ GARC INDEPENDIENTE	21k VET M.B	2:56:46	58:00	1:11:37	1:37:16	2:06:49	2:33:31	2:56:46
					58:00	13:37	25:39	29:33	26:42	23:15
27	107	Xandru Armesto Fernández TEAM OBAYA	21k VET M.A	2:57:17	57:52	1:13:13	1:38:43	2:07:37	2:33:02	2:57:17
					57:52	15:21	25:30	28:54	25:25	24:15
28	39	Fernando Cordero Rodriguez GM REINOASTUR UNIVERSI	21k VET M.A	2:58:33	55:41	1:09:10	1:34:14	2:04:20	2:30:16	2:58:33
					55:41	13:29	25:04	30:06	25:56	28:17

Pos	rsal	Nombre	Cat.	Tiempo	1(40)	2(60)	3(50)	4(80)	5(70)	Meta
TRAIL 21KM (118)					<i>(cont.)</i>					
29	8	Jesus Silvano Arranz MONTAÑA DE VILLALFEIDE	21k VET M.A	2:59:06	59:19	1:14:16	1:41:09	2:10:47	2:36:08	2:59:06
					59:19	14:57	26:53	29:38	25:21	22:58
30	77	Pedro Riesco Tejeiro RELIEVE	21k VET M.A	2:59:08	1:00:50	1:16:18	1:41:53	2:10:51	2:36:15	2:59:08
					1:00:50	15:28	25:35	28:58	25:24	22:53
31	64	José Noriega Arenas INDEPENDIENTE	21k VET M.B	2:59:39	1:02:21	1:18:04	1:44:23	2:13:36	2:37:37	2:59:39
					1:02:21	15:43	26:19	29:13	24:01	22:02
32	70	Angel Montiel Mateos RECRO RUNNING	21k VET M.A	2:59:56	58:04	1:17:04	1:41:50	2:12:22	2:37:25	2:59:56
					58:04	19:00	24:46	30:32	25:03	22:31
33	89	Jose Antonio Mayo Justel RECRO RUNNING	21k VET M.A	2:59:57	57:47	1:17:03	1:41:48	2:12:21	2:37:16	2:59:57
					57:47	19:16	24:45	30:33	24:55	22:41
34	21	Victor Alaiz Valladares CUMBRES DE LEON	21k SEN MAS	3:00:09	1:00:31	1:15:33	1:41:32	2:10:52	2:36:54	3:00:09
					1:00:31	15:02	25:59	29:20	26:02	23:15
35	97	Antonio Barcia Tejeiro DEBRA	21k SEN MAS	3:02:48	57:42	1:14:14	1:39:27	2:08:06	2:36:29	3:02:48
					57:42	16:32	25:13	28:39	28:23	26:19
36	38	Juan Carlos Prieto Prieto CLUB PICO GILBO	21k VET M.A	3:02:52	1:00:59	1:14:44	1:40:08	2:08:26	2:35:35	3:02:52
					1:00:59	13:45	25:24	28:18	27:09	27:17
36	37	Henar Pérez González PROINTECASA	21k SEN FEM	3:02:52	57:48	1:11:52	1:36:48	2:07:13	2:35:39	3:02:52
					57:48	14:04	24:56	30:25	28:26	27:13
38	68	César Fernández Acebal D-RUTA	21k VET M.A	3:06:00	1:02:04	1:16:55	1:42:35	2:14:44	2:40:50	3:06:00
					1:02:04	14:51	25:40	32:09	26:06	25:10
39	54	Jose Antonio Alonso Quijorna INDEPENDIENTE	21k VET M.A	3:06:41	1:01:25	1:16:46	1:43:46	2:13:50	2:40:19	3:06:41
					1:01:25	15:21	27:00	30:04	26:29	26:22
40	103	Javier Alonso Jiménez AVIENTU SOLORUNNERS	21k VET M.A	3:09:39	1:02:19	1:19:29	1:46:05	2:16:43	2:43:26	3:09:39
					1:02:19	17:10	26:36	30:38	26:43	26:13
41	52	Alejandra Santamaría Llaveró CUMBRES DE LEON	21k SEN FEM	3:10:48	1:01:22	1:14:58	1:41:52	2:12:54	2:41:36	3:10:48
					1:01:22	13:36	26:54	31:02	28:42	29:12
42	28	Arsenio Terrón Alfonso	21k VET M.B	3:12:58	1:03:14	1:19:29	1:47:13	2:20:57	2:47:52	3:12:58
					1:03:14	16:15	27:44	33:44	26:55	25:06
43	27	Tomas Fernandez Alonso ESCUELA DEL CORREDOR	21k VET M.B	3:12:59	1:03:18	1:19:51	1:46:48	2:20:07	2:46:14	3:12:59
					1:03:18	16:33	26:57	33:19	26:07	26:45
44	1	Oliver Díaz Fernández G.M. Reinoastur Universidad	21k VET M.A	3:14:19	59:14	1:14:02	1:41:51	2:15:16	2:46:35	3:14:19
					59:14	14:48	27:49	33:25	31:19	27:44
45	58	David Hoyuelos Perez CD TRAGALPINOS	21k SEN MAS	3:14:25	1:03:04	1:19:32	1:47:19	2:19:17	2:46:53	3:14:25
					1:03:04	16:28	27:47	31:58	27:36	27:32
46	3	Alberto Álvarez Cuevas INDEPENDIENTE	21k VET M.A	3:15:05	1:02:33	1:18:17	1:45:56	2:17:17	2:46:00	3:15:05
					1:02:33	15:44	27:39	31:21	28:43	29:05
47	99	Marcos García Prado AVIENTU SOLORUNNERS	21k VET M.A	3:15:12	1:01:54	1:16:50	1:43:52	2:15:49	2:47:13	3:15:12
					1:01:54	14:56	27:02	31:57	31:24	27:59
48	69	Roberto Ortolá Rodríguez INDEPENDIENTE	21k VET M.A	3:15:24	1:05:52	1:25:06	1:52:09	2:23:17	2:49:19	3:15:24
					1:05:52	19:14	27:03	31:08	26:02	26:05
49	74	Raquel Fernandez Gonzalez MONTAÑA VILLALFEIDE	21k VET F.A	3:15:38	1:03:29	1:19:26	1:47:27	2:20:21	2:49:53	3:15:38
					1:03:29	15:57	28:01	32:54	29:32	25:45
50	102	Javier Calvo Gonzalez INDEPENDIENTE	21k VET M.B	3:16:43	1:04:44	1:20:59	1:46:58	2:21:35	2:50:15	3:16:43
					1:04:44	16:15	25:59	34:37	28:40	26:28
51	30	Secundino Escudero Fernand INDEPENDIENTE	21k VET M.A	3:16:56	1:05:29	1:19:28	1:45:55	2:17:15	2:46:07	3:16:56
					1:05:29	13:59	26:27	31:20	28:52	30:49
52	86	Antonio Pinilla Hompanera INDEPENDIENTE	21k VET M.B	3:19:41	1:05:13	1:20:14	1:48:28	2:22:14	2:51:53	3:19:41
					1:05:13	15:01	28:14	33:46	29:39	27:48
53	55	Carolino Augusto Teixeira Mar ASTORGA RUNNING	21k VET M.B	3:20:56	1:05:20	1:18:44	1:47:44	2:22:12	2:54:10	3:20:56
					1:05:20	13:24	29:00	34:28	31:58	26:46
54	100	Camino Guerra Gomez	21k VET F.A	3:21:13	1:04:49	1:24:46	1:52:31	2:24:24	2:53:41	3:21:13
					1:04:49	19:57	27:45	31:53	29:17	27:32
55	50	Ruben Diaz Alvarez	21k VET M.A	3:23:31	1:04:55	1:20:28	1:53:16	2:25:59	2:58:02	3:23:31
					1:04:55	15:33	32:48	32:43	32:03	25:29
56	51	Javier Diaz Alvarez INDEPENDIENTE	21k SEN MAS	3:23:33	1:07:39	1:25:10	1:54:35	2:29:42	2:58:24	3:23:33
					1:07:39	17:31	29:25	35:07	28:42	25:09

Pos	rsal	Nombre	Cat.	Tiempo	1(40)	2(60)	3(50)	4(80)	5(70)	Meta
TRAIL 21KM (118)										
<i>(cont.)</i>										
57	2	Natalia Garcia Beneitez LEÓN CORRE	21k SEN FEM	3:23:37	1:09:11	1:28:43	1:56:58	2:30:07	2:58:58	3:23:37
					1:09:11	19:32	28:15	33:09	28:51	24:39
58	63	Pedro Leal Vime	21k VET M.B	3:23:51	1:05:39	1:21:03	1:51:29	2:24:59	2:55:40	3:23:51
					1:05:39	15:24	30:26	33:30	30:41	28:11
59	92	Alessandro Pini INDEPENDIENTE	21k SEN MAS	3:23:56	1:00:20	1:25:19	1:50:46	2:21:23	2:50:56	3:23:56
					1:00:20	24:59	25:27	30:37	29:33	33:00
60	17	Roberto Expósito Álvarez C.D. ESPORTATE - BIKILA	21k VET M.B	3:24:15	1:06:04	1:24:39	1:54:20	2:28:23	2:58:10	3:24:15
					1:06:04	18:35	29:41	34:03	29:47	26:05
60	16	María Jesús Expósito Álvarez C.D. ESPORTATE - BIKILA	21k VET F.B	3:24:15	1:07:07	1:26:38	1:56:38	2:30:29	2:59:45	3:24:15
					1:07:07	19:31	30:00	33:51	29:16	24:30
62	79	Fco. Javier Llanos Valladares LEÓN CORRE	21k VET M.B	3:26:16	1:03:01	1:26:31	1:54:44	2:29:45	2:58:17	3:26:16
					1:03:01	23:30	28:13	35:01	28:32	27:59
63	108	Joaquin Roderiquez Fernandez INDEPENDIENTE	21k VET M.A	3:27:10	1:04:23	1:20:54	1:50:44	2:24:57	2:55:39	3:27:10
					1:04:23	16:31	29:50	34:13	30:42	31:31
64	106	Hector García De La Fuente INDEPENDIENTE	21k SEN MAS	3:27:24	1:00:52	1:16:00	1:43:43	2:17:06	2:52:46	3:27:24
					1:00:52	15:08	27:43	33:23	35:40	34:38
65	62	Aitor Martín Zárraga TORTUGAS TRAIL LEON	21k VET M.A	3:28:50	1:09:34	1:24:32	1:54:39	2:27:54	2:57:38	3:28:50
					1:09:34	14:58	30:07	33:15	29:44	31:12
66	67	Estrella Alonso Fierro ASTORGA RUNNING	21k VET F.B	3:30:26	1:07:51	1:29:23	1:59:57	2:34:04	3:04:22	3:30:26
					1:07:51	21:32	30:34	34:07	30:18	26:04
67	110	Ivan Diaz Cardo RELIEVE	21k SEN MAS	3:30:34	1:06:18	1:26:41	1:56:12	2:30:28	3:01:01	3:30:34
					1:06:18	20:23	29:31	34:16	30:33	29:33
68	23	Daniel Martínez Juan CENTRO ASTURIANO DE OVI	21k VET M.A	3:31:00	1:06:35	1:25:06	1:55:23	2:30:26	3:01:20	3:31:00
					1:06:35	18:31	30:17	35:03	30:54	29:40
69	14	Carmen Menéndez González CUMBRE LLANGREU	21k SUB23 FE	3:31:07	1:12:10	1:28:20	2:00:12	2:32:54	3:04:11	3:31:07
					1:12:10	16:10	31:52	32:42	31:17	26:56
70	20	Jesus Hevia Barragan G.M. CUMBRE LLANGREU	21k VET M.A	3:31:08	1:11:35	1:27:16	1:57:58	2:32:53	3:04:09	3:31:08
					1:11:35	15:41	30:42	34:55	31:16	26:59
71	40	Alberto Blanco Junquera CAFES TOSCAF GMEA	21k VET M.A	3:33:05	1:09:48	1:29:07	2:00:16	2:33:41	3:04:38	3:33:05
					1:09:48	19:19	31:09	33:25	30:57	28:27
72	53	Laura García Serantes INDEPENDIENTE	21k SEN FEM	3:33:37	1:06:00	1:27:25	1:58:19	2:33:21	3:04:19	3:33:37
					1:06:00	21:25	30:54	35:02	30:58	29:18
73	15	Avelino Mendo Gordillo C.D. ESPORTATE - BIKILA	21k VET M.B	3:34:24	1:08:59	1:35:01	2:04:36	2:38:58	3:06:31	3:34:24
					1:08:59	26:02	29:35	34:22	27:33	27:53
74	114	Jose Antonio Mosquera Rodri EMC TRIATLON	21k VET M.A	3:36:19	1:09:41	1:28:33	1:58:01	2:33:29	3:03:36	3:36:19
					1:09:41	18:52	29:28	35:28	30:07	32:43
75	31	Carlos De Luis TORTUGAS TRAIL LEON	21k SEN MAS	3:41:08	1:07:20	1:27:28	1:56:52	2:33:20	3:04:20	3:41:08
					1:07:20	20:08	29:24	36:28	31:00	36:48
76	18	Santiago Lera Valdes INDEPENDIENTE	21k VET M.B	3:43:27	1:06:40	1:27:20	1:59:15	2:35:14	3:10:30	3:43:27
					1:06:40	20:40	31:55	35:59	35:16	32:57
77	29	Luis Antonio Coalla Cueto G.M. CUMBRE LLANGREU	21k VET M.A	3:43:29	1:09:17	1:29:02	2:00:15	2:35:03	3:09:37	3:43:29
					1:09:17	19:45	31:13	34:48	34:34	33:52
78	111	Vanessa Garcia Fernandez RELIEVE	21k SEN FEM	3:46:26	1:15:01	1:37:16	2:06:10	2:40:51	3:12:07	3:46:26
					1:15:01	22:15	28:54	34:41	31:16	34:19
79	57	Juan Alberto Gonzalez Campo INDEPENDIENTE	21k VET M.B	3:48:01	1:13:34	1:34:07	2:06:04	2:43:51	3:17:27	3:48:01
					1:13:34	20:33	31:57	37:47	33:36	30:34
79	82	Jose Luis Alonso Campano	21k VET M.B	3:48:01	1:11:21	1:36:42	2:08:43	2:43:30	3:15:22	3:48:01
					1:11:21	25:21	32:01	34:47	31:52	32:39
81	56	Ana Costillas INDEPENDIENTE	21k VET F.A	3:48:04	1:13:33	1:34:08	2:06:06	2:43:50	3:17:25	3:48:04
					1:13:33	20:35	31:58	37:44	33:35	30:39
82	90	Alejandro Alfonso Suárez GRUPO MONTAÑA UNIVERSI	21k SEN MAS	3:48:46	1:15:28	1:34:23	2:06:07	2:44:53	3:16:40	3:48:46
					1:15:28	18:55	31:44	38:46	31:47	32:06
83	22	Jose Benjamin Hevia Rodrigu DEBRA-NUTRICION HERBAL	21k VET M.A	3:53:59	1:03:35	1:18:59	1:49:11	2:26:28	3:06:38	3:53:59
					1:03:35	15:24	30:12	37:17	40:10	47:21
84	61	Olalla Martínez Fernández TOXIZA CLUBE DE MONTAÑA	21k VET F.A	3:58:39	1:14:58	1:36:47	2:08:42	2:47:17	3:22:07	3:58:39
					1:14:58	21:49	31:55	38:35	34:50	36:32

Pos	rsal	Nombre	Cat.	Tiempo	1(40)	2(60)	3(50)	4(80)	5(70)	Meta
TRAIL 21KM (118)				(cont.)						
85	11	Cristina Gutierrez Marcos CENADOR RUA NOVA	21k VET F.A	3:59:05	1:15:39	1:42:25	2:15:28	2:53:58	3:28:04	3:59:05
					1:15:39	26:46	33:03	38:30	34:06	31:01
86	96	Rafael Martinez Fernandez JULTAYU	21k VET M.B	3:59:06	1:22:08	1:42:28	2:15:31	2:53:59	3:28:05	3:59:06
					1:22:08	20:20	33:03	38:28	34:06	31:01
87	72	Alejandra Moreno Arenillas MONTAÑA DE VILLALFEIDE	21k VET F.B	4:01:49	1:19:13	1:41:09	2:15:33	2:54:13	3:29:58	4:01:49
					1:19:13	21:56	34:24	38:40	35:45	31:51
88	33	Alberta Valle Alvarez ASTURIAS-HIMALAYA	21k SEN FEM	4:07:52	1:18:07	1:41:40	2:13:43	2:54:36	3:31:18	4:07:52
					1:18:07	23:33	32:03	40:53	36:42	36:34
89	34	David Reche Menendez INDEPENDIENTE	21k SEN MAS	4:07:53	1:18:16	1:41:41	2:13:45	2:54:37	3:31:20	4:07:53
					1:18:16	23:25	32:04	40:52	36:43	36:33
90	35	Jose Remigio Valle Garay ASTURIAS-HIMALAYA	21k VET M.B	4:24:44	1:13:39	1:36:39	2:18:25	3:00:59	3:43:00	4:24:44
					1:13:39	23:00	41:46	42:34	42:01	41:44
91	45	Jose Enrique Perez Gonzalez C.M.OXIGENO	21k VET M.B	4:24:45	1:20:20	1:51:53	2:26:58	3:06:06	3:43:03	4:24:45
					1:20:20	31:33	35:05	39:08	36:57	41:42
92	76	Andres Huerta Rocas GM REINOASTUR UNIVERSI	21k SUB23 MA	4:31:20	1:24:23	1:50:21	2:29:22	3:14:24	3:53:34	4:31:20
					1:24:23	25:58	39:01	45:02	39:10	37:46
93	6	Miguel Bernardo Sariego BABIA INGENIERIA TRAIL	21k VET M.A	4:37:20	1:25:19	1:53:08	2:32:54	3:18:10	3:56:58	4:37:20
					1:25:19	27:49	39:46	45:16	38:48	40:22
94	94	Elena Fernández Ferrero LEÓN CORRE	21k SEN FEM	4:39:20	1:25:08	1:52:13	2:29:11	3:13:56	3:57:50	4:39:20
					1:25:08	27:05	36:58	44:45	43:54	41:30

os	Dorsal	Nombre	Tiempo			
21k SENIOR FEM (8)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	37	Henar Pérez González PROINTECASA	3:02:52 57:48 57:48 2:35:39 28:26	1:11:52 14:04 3:02:52 27:13	1:36:48 24:56	2:07:13 30:25
2	52	Alejandra Santamaría Llaveró CUMBRES DE LEON	3:10:48 1:01:22 1:01:22 2:41:36 28:42	1:14:58 13:36 3:10:48 29:12	1:41:52 26:54	2:12:54 31:02
3	2	Natalia García Beneítez LEÓN CORRE	3:23:37 1:09:11 1:09:11 2:58:58 28:51	1:28:43 19:32 3:23:37 24:39	1:56:58 28:15	2:30:07 33:09
4	53	Laura García Serantes INDEPENDIENTE	3:33:37 1:06:00 1:06:00 3:04:19 30:58	1:27:25 21:25 3:33:37 29:18	1:58:19 30:54	2:33:21 35:02
5	111	Vanessa García Fernández RELIEVE	3:46:26 1:15:01 1:15:01 3:12:07 31:16	1:37:16 22:15 3:46:26 34:19	2:06:10 28:54	2:40:51 34:41
6	33	Alberta Valle Álvarez ASTURIAS-HIMALAYA	4:07:52 1:18:07 1:18:07 3:31:18 36:42	1:41:40 23:33 4:07:52 36:34	2:13:43 32:03	2:54:36 40:53
21k SENIOR MAS (34)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	88	Diego Alonso Astorga CUMBRES DE LEON	2:13:44 44:57 44:57 1:54:48 19:34	53:27 8:30 2:13:44 18:56	1:12:57 19:30	1:35:14 22:17
2	105	Juan Chamorro Alonso VIAFARMA CLINICA DENTAL CIFUEN	2:23:09 47:25 47:25 2:03:40 21:14	57:25 10:00 2:23:09 19:29	1:19:05 21:40	1:42:26 23:21
3	7	Carlos Testera González INDEPENDIENTE	2:30:43 51:31 51:31 2:09:33 22:08	1:01:11 9:40 2:30:43 21:10	1:22:16 21:05	1:47:25 25:09
4	116	Sergio Pajares Rojo BESAYATREK	2:31:46 51:29 51:29 2:12:12 23:00	1:01:23 9:54 2:31:46 19:34	1:24:02 22:39	1:49:12 25:10
5	87	Héctor Moral INDEPENDIENTE	2:32:44 50:16 50:16 2:09:18 22:07	1:00:29 10:13 2:32:44 23:26	1:22:01 21:32	1:47:11 25:10
6	83	Borja Cuendias Álvarez DEBRA	2:33:07 49:17 49:17 2:13:06 23:39	1:00:40 11:23 2:33:07 20:01	1:23:19 22:39	1:49:27 26:08 2:13:07 *70
7	9	Sergio Díez Del Ferrero PALLIDE TRAIL	2:37:33 53:38 53:38 2:16:13 22:44	1:03:20 9:42 2:37:33 21:20	1:26:32 23:12	1:53:29 26:57
8	10	Oscar Del Ferrero González PALLIDE TRAIL	2:43:03 56:12 56:12 2:21:51 23:53	1:06:00 9:48 2:43:03 21:12	1:30:03 24:03	1:57:58 27:55
9	13	Jesus Zapico Ricaurte GM REINOASTUR UNIVERSIDAD DE O	2:43:28 55:42 55:42 2:21:53 23:36	1:07:14 11:32 2:43:28 21:35	1:31:03 23:49	1:58:17 27:14
10	48	Alvaro Gonzalo Perez VALDEON	2:44:12 54:40 54:40 -----	1:04:56 10:16 2:44:12 45:27	1:30:14 25:18	1:58:45 28:31

os	Dorsal	Nombre	Tiempo				
21k SENIOR MAS (34)			21,0 km				
			1(40) 5(70)	2(60) Meta	3(50)	4(80)	
11	60	Jairo Alonso Conde ESCUELA DEL CORREDOR ULE-CHORC	2:51:21	55:32 55:32 2:26:34	1:11:12 15:40 2:51:21	1:34:05 22:53 2:01:40	2:01:40 27:35
12	109	Jose Ramon Vencelles Garcia TEAM OBAYA	2:51:32	24:54 57:39 57:39 2:30:40	24:47 1:12:06 14:27 2:51:32	1:37:23 25:17 2:05:42	2:05:42 28:19
13	59	Ángel Ainsúa Vázquez KTF SPORTS	2:55:20	24:58 1:00:04 1:00:04 2:32:05	20:52 1:16:14 16:10 2:55:20	1:39:28 23:14 2:07:26	2:07:26 27:58
14	21	Victor Alaiz Valladares CUMBRES DE LEON	3:00:09	24:39 1:00:31 1:00:31 2:36:54	23:15 1:15:33 15:02 3:00:09	1:41:32 25:59 2:10:52	2:10:52 29:20
15	97	Antonio Barcia Teijeiro DEBRA	3:02:48	26:02 57:42 57:42 2:36:29	23:15 1:14:14 16:32 3:02:48	1:39:27 25:13 2:08:06	2:08:06 28:39
16	58	David Hoyuelos Perez CD TRAGALPINOS	3:14:25	28:23 1:03:04 1:03:04 2:46:53	26:19 1:19:32 16:28 3:14:25	1:47:19 27:47 2:19:17	2:19:17 31:58
17	51	Javier Diaz Alvarez INDEPENDIENTE	3:23:33	27:36 1:07:39 1:07:39 2:58:24	27:32 1:25:10 17:31 3:23:33	1:54:35 29:25 2:29:42	2:29:42 35:07
18	92	Alessandro Pini INDEPENDIENTE	3:23:56	28:42 1:00:20 1:00:20 2:50:56	25:09 1:25:19 24:59 3:23:56	1:50:46 25:27 2:21:23	2:21:23 30:37
19	106	Hector García De La Fuente INDEPENDIENTE	3:27:24	29:33 1:00:52 1:00:52 2:52:46	33:00 1:16:00 15:08 3:27:24	1:43:43 27:43 2:17:06	2:17:06 33:23
20	110	Ivan Diaz Cardo RELIEVE	3:30:34	35:40 1:06:18 1:06:18 3:01:01	34:38 1:26:41 20:23 3:30:34	1:56:12 29:31 2:30:28	2:30:28 34:16
21	31	Carlos De Luis TORTUGAS TRAIL LEON	3:41:08	30:33 1:07:20 1:07:20 3:04:20	29:33 1:27:28 20:08 3:41:08	1:56:52 29:24 2:33:20	2:33:20 36:28
22	90	Alejandro Alfonso Suárez GRUPO MONTAÑA UNIVERSIDAD OVIE	3:48:46	31:00 1:15:28 1:15:28 3:16:40	36:48 1:34:23 18:55 3:48:46	2:06:07 31:44 2:44:53	2:44:53 38:46
23	34	David Reche Menendez INDEPENDIENTE	4:07:53	31:47 1:18:16 1:18:16 3:31:20	32:06 1:41:41 23:25 4:07:53	2:13:45 32:04 2:54:37	2:54:37 40:52
				36:43 36:33			
21k SUB23 FEM (1)			21,0 km				
			1(40) 5(70)	2(60) Meta	3(50)	4(80)	
1	14	Carmen Menéndez González CUMBRE LLANGREU	3:31:07	1:12:10 1:12:10 3:04:11 31:17	1:28:20 16:10 3:31:07 26:56	2:00:12 31:52 2:32:54	2:32:54 32:42
21k SUB23 MAS (4)			21,0 km				
			1(40) 5(70)	2(60) Meta	3(50)	4(80)	
1	12	Javier Del Ferrero Gonzalez PALLIDE TRAIL	2:30:35	51:38 51:38 2:11:42 22:27	1:00:34 8:56 2:30:35 18:53	1:22:55 22:21 1:49:15	1:49:15 26:20

os	Dorsal	Nombre	Tiempo			
21k SUB23 MAS (4)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
2	91	Brais Gonzalo Guerra G.M UNIOVI	2:31:46	50:29 50:29 2:10:12 22:18	1:01:22 10:53 2:31:46 21:34	1:22:44 21:22 1:47:54 25:10
3	76	Andres Huerta Roces GM REINOASTUR UNIVERSIDAD DE O	4:31:20	1:24:23 1:24:23 3:53:34 39:10	1:50:21 25:58 4:31:20 37:46	2:29:22 39:01 3:14:24 45:02
21k VETERANAS A (7)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	74	Raquel Fernandez Gonzalez MONTAÑA VILLALFEIDE	3:15:38	1:03:29 1:03:29 2:49:53 29:32	1:19:26 15:57 3:15:38 25:45	1:47:27 28:01 2:20:21 32:54
2	100	Camino Guerra Gomez	3:21:13	1:04:49 1:04:49 2:53:41 29:17	1:24:46 19:57 3:21:13 27:32	1:52:31 27:45 2:24:24 31:53
3	56	Ana Costillas INDEPENDIENTE	3:48:04	1:13:33 1:13:33 3:17:25 33:35	1:34:08 20:35 3:48:04 30:39	2:06:06 31:58 2:43:50 37:44
4	61	Olalla Martínez Fernández TOXIZA CLUBE DE MONTAÑA	3:58:39	1:14:58 1:14:58 3:22:07 34:50	1:36:47 21:49 3:58:39 36:32	2:08:42 31:55 2:47:17 38:35
5	11	Cristina Gutierrez Marcos CENADOR RUA NOVA	3:59:05	1:15:39 1:15:39 3:28:04 34:06	1:42:25 26:46 3:59:05 31:01	2:15:28 33:03 2:53:58 38:30
21k VETERANAS B (7)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	16	María Jesús Expósito Álvarez C.D. ESPORTATE - BIKILA	3:24:15	1:07:07 1:07:07 2:59:45 29:16	1:26:38 19:31 3:24:15 24:30	1:56:38 30:00 2:30:29 33:51
2	67	Estrella Alonso Fierro ASTORGA RUNNING	3:30:26	1:07:51 1:07:51 3:04:22 30:18	1:29:23 21:32 3:30:26 26:04	1:59:57 30:34 2:34:04 34:07
3	72	Alejandra Moreno Arenillas MONTAÑA DE VILLALFEIDE	4:01:49	1:19:13 1:19:13 3:29:58 35:45	1:41:09 21:56 4:01:49 31:51	2:15:33 34:24 2:54:13 38:40
21k VETERANOS A (35)			21,0 km			
			1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	66	Oriol Barrera Fernández SALAMANCA RAIDS & TRAILS RUNNE	2:24:21	47:58 47:58 2:04:31 20:59	58:06 10:08 2:24:21 19:50	1:19:45 21:39 1:43:32 23:47
2	121	David Lima Gutierrez CUMBRES DE LEON	2:29:39	49:11 49:11 2:08:03 22:09	1:00:26 11:15 2:29:39 21:36	1:20:49 20:23 1:45:54 25:05
3	73	Juan Carlos Gonzalez Tascon CLUB DE MONTAÑA VILLALFEIDE	2:41:26	53:48 53:48 2:21:12 23:18	1:03:48 10:00 2:41:26 20:14	1:28:26 24:38 1:57:54 29:28
4	75	Jesus Oblanca Sanchez	2:49:42	57:13 57:13 2:23:45 25:00	1:07:12 9:59 2:49:42 25:57	1:31:10 23:58 1:58:45 27:35

os	Dorsal	Nombre	Tiempo	1(40) 5(70)	2(60) Meta	3(50)	4(80)
21k VETERANOS A (35)			21,0 km				
5	46	Fernando Fidalgo Alonso LA DESPENSA DE FER RUNNING	2:51:32	57:35 57:35 2:28:59	1:11:46 14:11 2:51:32	1:36:54 25:08	2:04:53 27:59
6	101	Alberto Sandoval Burón VALDEON	2:53:20	57:29 57:29 2:30:09	1:09:27 11:58 2:53:20	1:36:46 27:19	2:05:31 28:45
7	104	Hugo García Cueto INDEPENDIENTE	2:53:23	1:00:53 1:00:53 2:31:26	1:12:33 11:40 2:53:23	1:37:37 25:04	2:06:15 28:38
8	107	Xandru Armesto Fernández TEAM OBAYA	2:57:17	57:52 57:52 2:33:02	1:13:13 15:21 2:57:17	1:38:43 25:30	2:07:37 28:54
9	39	Fernando Cordero Rodriguez GM REINOASTUR UNIVERSIDAD DE O	2:58:33	55:41 55:41 2:30:16	1:09:10 13:29 2:58:33	1:34:14 25:04	2:04:20 30:06
10	8	Jesus Silvano Arranz MONTAÑA DE VILLALFEIDE	2:59:06	59:19 59:19 2:36:08	1:14:16 14:57 2:59:06	1:41:09 26:53	2:10:47 29:38
11	77	Pedro Riesco Tejero RELIEVE	2:59:08	1:00:50 1:00:50 2:36:15	1:16:18 15:28 2:59:08	1:41:53 25:35	2:10:51 28:58
12	70	Angel Montiel Mateos RECREO RUNNING	2:59:56	58:04 58:04 2:37:25	1:17:04 19:00 2:59:56	1:41:50 24:46	2:12:22 30:32
13	89	Jose Antonio Mayo Justel RECREO RUNNING	2:59:57	57:47 57:47 2:37:16	1:17:03 19:16 2:59:57	1:41:48 24:45	2:12:21 30:33
14	38	Juan Carlos Prieto Prieto CLUB PICO GILBO	3:02:52	1:00:59 1:00:59 2:35:35	1:14:44 13:45 3:02:52	1:40:08 25:24	2:08:26 28:18
15	68	César Fernández Acebal D-RUTA	3:06:00	1:02:04 1:02:04 2:40:50	1:16:55 14:51 3:06:00	1:42:35 25:40	2:14:44 32:09
16	54	Jose Antonio Alonso Quijorna INDEPENDIENTE	3:06:41	1:01:25 1:01:25 2:40:19	1:16:46 15:21 3:06:41	1:43:46 27:00	2:13:50 30:04
17	103	Javier Alonso Jiménez AVIENTU SOLORUNNERS	3:09:39	1:02:19 1:02:19 2:43:26	1:19:29 17:10 3:09:39	1:46:05 26:36	2:16:43 30:38
18	1	Oliver Díaz Fernández G.M. Reinoastur Universidad de	3:14:19	59:14 59:14 2:46:35	1:14:02 14:48 3:14:19	1:41:51 27:49	2:15:16 33:25
19	3	Alberto Álvarez Cuevas INDEPENDIENTE	3:15:05	1:02:33 1:02:33 2:46:00	1:18:17 15:44 3:15:05	1:45:56 27:39	2:17:17 31:21
20	99	Marcos García Prado AVIENTU SOLORUNNERS	3:15:12	1:01:54 1:01:54 2:47:13	1:16:50 14:56 3:15:12	1:43:52 27:02	2:15:49 31:57
21	69	Roberto Ortolá Rodríguez INDEPENDIENTE	3:15:24	1:05:52 1:05:52 2:49:19	1:25:06 19:14 3:15:24	1:52:09 27:03	2:23:17 31:08
22	30	Secundino Escudero Fernandez INDEPENDIENTE	3:16:56	1:05:29 1:05:29 2:46:07	1:19:28 13:59 3:16:56	1:45:55 26:27	2:17:15 31:20
				28:52	30:49		

os	Dorsal	Nombre	Tiempo				
21k VETERANOS A (35)			21,0 km				
				1(40) 5(70)	2(60) Meta	3(50)	4(80)
23	50	Ruben Diaz Alvarez	3:23:31	1:04:55 1:04:55 2:58:02 32:03	1:20:28 15:33 3:23:31 25:29	1:53:16 32:48	2:25:59 32:43
24	108	Joaquin Rodriguez Fernandez INDEPENDIENTE	3:27:10	1:04:23 1:04:23 2:55:39 30:42	1:20:54 16:31 3:27:10 31:31	1:50:44 29:50	2:24:57 34:13
25	62	Aitor Martín Zárraga TORTUGAS TRAIL LEON	3:28:50	1:09:34 1:09:34 2:57:38 29:44	1:24:32 14:58 3:28:50 31:12	1:54:39 30:07	2:27:54 33:15
26	23	Daniel Martínez Juan CENTRO ASTURIANO DE OVIEDO	3:31:00	1:06:35 1:06:35 3:01:20 30:54	1:25:06 18:31 3:31:00 29:40	1:55:23 30:17	2:30:26 35:03
27	20	Jesus Hevia Barragan G.M. CUMBRE LLANGREU	3:31:08	1:11:35 1:11:35 3:04:09 31:16	1:27:16 15:41 3:31:08 26:59	1:57:58 30:42	2:32:53 34:55
28	40	Alberto Blanco Junquera CAFES TOSCAF GMEA	3:33:05	1:09:48 1:09:48 3:04:38 30:57	1:29:07 19:19 3:33:05 28:27	2:00:16 31:09	2:33:41 33:25
29	114	Jose Antonio Mosquera Rodriguez EMC TRIATLON	3:36:19	1:09:41 1:09:41 3:03:36 30:07	1:28:33 18:52 3:36:19 32:43	1:58:01 29:28	2:33:29 35:28
30	29	Luis Antonio Coalla Cueto G.M. CUMBRE LLANGREU	3:43:29	1:09:17 1:09:17 3:09:37 34:34	1:29:02 19:45 3:43:29 33:52	2:00:15 31:13	2:35:03 34:48
31	22	Jose Benjamin Hevia Rodriguez DEBRA-NUTRICION HERBALIFE	3:53:59	1:03:35 1:03:35 3:06:38 40:10	1:18:59 15:24 3:53:59 47:21	1:49:11 30:12	2:26:28 37:17
32	6	Miguel Bernardo Sariego BABIA INGENIERIA TRAIL	4:37:20	1:25:19 1:25:19 3:56:58 38:48	1:53:08 27:49 4:37:20 40:22	2:32:54 39:46	3:18:10 45:16
21k VETERANOS B (21)			21,0 km				
				1(40) 5(70)	2(60) Meta	3(50)	4(80)
1	71	Avelino Flecha Tascón MONTAÑA VILLALFEIDE	2:34:26	51:07 51:07 2:13:03 23:14	1:01:01 9:54 2:34:26 21:23	1:24:06 23:05	1:49:49 25:43
2	19	Oscar Andrés Suárez INDEPENDIENTE	2:39:25	53:23 53:23 2:19:13 24:08	1:03:27 10:04 2:39:25 20:12	1:27:41 24:14	1:55:05 27:24
3	78	Ruben Gonzalez De La Fuente ASTORGA RUNNING	2:53:19	57:16 57:16 2:30:14 24:42	1:09:32 12:16 2:53:19 23:05	1:36:47 27:15	2:05:32 28:45
4	120	MIGUEL RODRIGUEZ GARCIA INDEPENDIENTE	2:56:46	58:00 58:00 2:33:31 26:42	1:11:37 13:37 2:56:46 23:15	1:37:16 25:39	2:06:49 29:33
5	64	José Noriega Arenas INDEPENDIENTE	2:59:39	1:02:21 1:02:21 2:37:37 24:01	1:18:04 15:43 2:59:39 22:02	1:44:23 26:19	2:13:36 29:13
6	28	Arsenio Terrón Alfonso	3:12:58	1:03:14 1:03:14 2:47:52 26:55	1:19:29 16:15 3:12:58 25:06	1:47:13 27:44	2:20:57 33:44
7	27	Tomas Fernandez Alonso ESCUELA DEL CORREDOR ULE-CHORC	3:12:59	1:03:18 1:03:18 2:46:14 26:07	1:19:51 16:33 3:12:59 26:45	1:46:48 26:57	2:20:07 33:19

os	Dorsal	Nombre	Tiempo	1(40) 5(70)	2(60) Meta	3(50)	4(80)
21k VETERANOS B (21)			21,0 km				
8	102	Javier Calvo Gonzalez INDEPENDIENTE	3:16:43	1:04:44 1:04:44 2:50:15 28:40	1:20:59 16:15 3:16:43 26:28	1:46:58 25:59	2:21:35 34:37
9	86	Antonio Pinilla Hompanera INDEPENDIENTE	3:19:41	1:05:13 1:05:13 2:51:53 29:39	1:20:14 15:01 3:19:41 27:48	1:48:28 28:14	2:22:14 33:46
10	55	Carolino Augusto Teixeira Martins ASTORGA RUNNING	3:20:56	1:05:20 1:05:20 2:54:10 31:58	1:18:44 13:24 3:20:56 26:46	1:47:44 29:00	2:22:12 34:28
11	63	Pedro Leal Vime	3:23:51	1:05:39 1:05:39 2:55:40 30:41	1:21:03 15:24 3:23:51 28:11	1:51:29 30:26	2:24:59 33:30
12	17	Roberto Expósito Álvarez C.D. ESPORTATE - BIKILA	3:24:15	1:06:04 1:06:04 2:58:10 29:47	1:24:39 18:35 3:24:15 26:05	1:54:20 29:41	2:28:23 34:03
13	79	Fco. Javier Llanos Valladares LEÓN CORRE	3:26:16	1:03:01 1:03:01 2:58:17 28:32	1:26:31 23:30 3:26:16 27:59	1:54:44 28:13	2:29:45 35:01
14	15	Avelino Mendo Gordillo C.D. ESPORTATE - BIKILA	3:34:24	1:08:59 1:08:59 3:06:31 27:33	1:35:01 26:02 3:34:24 27:53	2:04:36 29:35	2:38:58 34:22
15	18	Santiago Lera Valdes INDEPENDIENTE	3:43:27	1:06:40 1:06:40 3:10:30 35:16	1:27:20 20:40 3:43:27 32:57	1:59:15 31:55	2:35:14 35:59
16	82	Jose Luis Alonso Campano	3:48:01	1:11:21 1:11:21 3:15:22 31:52	1:36:42 25:21 3:48:01 32:39	2:08:43 32:01	2:43:30 34:47
16	57	Juan Alberto Gonzalez Campo INDEPENDIENTE	3:48:01	1:13:34 1:13:34 3:17:27 33:36	1:34:07 20:33 3:48:01 30:34	2:06:04 31:57	2:43:51 37:47
18	96	Rafael Martinez Fernandez JULTAYU	3:59:06	1:22:08 1:22:08 3:28:05 34:06	1:42:28 20:20 3:59:06 31:01	2:15:31 33:03	2:53:59 38:28
19	35	Jose Remigio Valle Garay ASTURIAS-HIMALAYA	4:24:44	1:13:39 1:13:39 3:43:00 42:01	1:36:39 23:00 4:24:44 41:44	2:18:25 41:46	3:00:59 42:34
20	45	Jose Enrique Perez Gonzalez C.M.OXIGENO	4:24:45	1:20:20 1:20:20 3:43:03 36:57	1:51:53 31:33 4:24:45 41:42	2:26:58 35:05	3:06:06 39:08

Pos	rsal	Nombre	Cat.	Tiempo	1(45)	2(55)	Meta	
SPEED TRAIL 12KM (122)								
1	322	Jorge Manuel Perez Diaz ATLETISMO FISIORAMA-DRASANVI	12k GEN MAS	56:31	22:01	41:07	56:31	
2	309	Santiago Lage Diaz INDEPENDIENTE	12k GEN MAS	1:06:29	26:16	47:30	1:06:29	
3	242	Javier Alonso Fernandez LOS REJOS	12k SUB18 MA	1:08:24	26:16	21:14	18:59	
4	310	Oscar Cañibano ATLETISMO FISIORAMA-DRASANVI	12k GEN MAS	1:09:15	27:45	50:03	1:08:24	50:03
5	321	Jose Manuel Gago Costales C.D. PARAMO RUNNERS	12k GEN MAS	1:11:19	27:45	22:18	18:21	*55
6	267	Santiago Villares Fernández TORTUGAS TRAIL LEON	12k GEN MAS	1:12:54	29:10	50:59	1:09:15	
7	234	Roberto Ibán Torres	12k GEN MAS	1:13:49	29:10	21:49	18:16	
8	261	Alejandro Perez Arnaiz	12k SUB18 MA	1:17:10	29:07	52:08	1:11:19	
9	205	Eduardo Rascon Da Cunha LA DESPENSA DE FER RUNNING	12k GEN MAS	1:17:17	29:07	23:01	19:11	
10	232	Manuel González Martínez	12k PROM MAS	1:19:07	30:07	53:27	1:12:54	
11	235	Diego Ruiz Calle LA DESPENSA DE FER RUNNING	12k GEN MAS	1:19:16	30:07	23:20	19:27	
12	318	Isabel Martinez Novo C.D.PÁRAMO RUNNERS	12k GEN FEM	1:20:37	30:16	53:35	1:13:49	
13	299	David Muñoz Gonzalez INDEPENDIENTE	12k GEN MAS	1:21:23	30:16	23:19	20:14	
14	268	Javier Mayo Suárez-Valdés FPM EXTREME SKI CLUB	12k GEN MAS	1:23:36	31:14	57:17	1:17:10	
15	306	Victor Garcia Barcala INDEPENDIENTE	12k GEN MAS	1:23:43	31:14	26:03	19:53	
16	297	Manuel Franco Benito INDEPENDIENTE	12k GEN MAS	1:24:08	32:23	57:00	1:17:17	
17	317	Pedro Cabañeros Zotes C.D. PARAMO RUNNERS	12k GEN MAS	1:24:39	32:23	24:37	20:17	
18	210	Luke Grene Sevillano INDEPENDIENTE	12k SUB18 MA	1:24:56	31:03	56:39	1:19:07	
19	245	Felix Mauriz Garcia CASA DE ASTURIAS	12k GEN MAS	1:25:37	31:03	25:36	22:28	
20	239	Fernando Diez Lago RECREO RUNNING	12k GEN MAS	1:25:56	32:52	57:57	1:19:16	
21	311	Eduardo Rodríguez Martínez INDEPENDIENTE	12k GEN MAS	1:26:34	32:52	25:05	21:19	
21	313	Eduardo Moretón Celemin	12k GEN MAS	1:26:34	32:36	58:45	1:20:37	
23	221	Rebeca García Calvo CD TRAGALPINOS	12k GEN FEM	1:27:21	32:36	26:09	21:52	
24	284	Carlos Aparicio Silva	12k GEN MAS	1:28:27	33:07	58:16	1:21:23	
25	277	Belen Castro Castellanos INDEPENDIENTE	12k GEN FEM	1:29:02	33:07	25:09	23:07	
25	287	Pedro Gómez Casado TORTUGAS TRAIL LEON	12k GEN MAS	1:29:02	33:31	1:01:44	1:23:36	
27	294	Francisco Javier Cerezo Pardo C.D. PARAMO RUNNERS	12k VET M.A	1:30:41	33:31	28:13	21:52	
28	225	José Manuel Iglesias Rumbo	12k GEN MAS	1:31:06	33:35	1:01:45	1:23:43	
29	203	Miguel Fernández Salazar	12k GEN MAS	1:31:49	36:02	1:03:11	1:24:08	
					36:02	27:09	20:57	
					36:27	1:03:02	1:24:39	
					36:27	26:35	21:37	
					35:01	1:02:29	1:24:56	
					35:01	27:28	22:27	
					35:49	1:03:09	1:25:37	
					35:49	27:20	22:28	
					36:05	1:04:16	1:25:56	
					36:05	28:11	21:40	
					34:26	1:03:48	1:26:34	
					34:26	29:22	22:46	
					34:26	1:03:48	1:26:34	
					34:26	29:22	22:46	
					36:46	1:03:39	1:27:21	
					36:46	26:53	23:42	
					36:19	1:04:01	1:28:27	
					36:19	27:42	24:26	
					37:08	1:04:38	1:29:02	
					37:08	27:30	24:24	
					33:44	1:04:34	1:29:02	
					33:44	30:50	24:28	
					37:56	1:07:00	1:30:41	
					37:56	29:04	23:41	
					37:52	1:06:39	1:31:06	
					37:52	28:47	24:27	
					39:15	1:07:28	1:31:49	
					39:15	28:13	24:21	

Pos	rsal	Nombre	Cat.	Tiempo	1(45)	2(55)	Meta
SPEED TRAIL 12KM (122) (cont.)							
30	213	Jacqueline Castro Martínez M DE MAMPODRE	12k GEN FEM	1:34:30	37:58 37:58	1:07:51 29:53	1:34:30 26:39
31	298	Marina Guerra Fernández C.D. PARAMO RUNNERS	12k SUB23 FE	1:35:59	40:59 40:59	1:10:52 29:53	1:35:59 25:07
32	296	Carlos López Carbajal CD CASA DE ASTURIAS EN LEÓN	12k GEN MAS	1:36:33	40:26 40:26	1:10:48 30:22	1:36:33 25:45
33	305	Patricia Rodríguez Ramos ROLDANAS BIKE	12k GEN FEM	1:37:23	39:14 39:14	1:11:37 32:23	1:37:23 25:46
34	307	Javier Navarro Garcia LEÓN CORRE	12k GEN MAS	1:38:33	41:02 41:02	1:12:26 31:24	1:38:33 26:07
35	219	Pedro Menéndez Martínez	12k GEN MAS	1:38:35	40:47 40:47	1:11:59 31:12	1:38:35 26:36
36	204	Virginia Ortoll Polo	12k GEN FEM	1:39:12	41:08 41:08	1:13:54 32:46	1:39:12 25:18
37	258	Wendel Muniz Vidal	12k GEN MAS	1:39:13	41:05 41:05	1:13:53 32:48	1:39:13 25:20
38	233	Estrella Sánchez Martínez SALAMANCA RAIDS & TRAILS RUN	12k GEN FEM	1:39:47	39:01 39:01	1:11:57 32:56	1:39:47 27:50
39	266	Mónica Del Río TORTUGAS TRAIL LEON	12k GEN FEM	1:39:53	42:12 42:12	1:13:09 30:57	1:39:53 26:44
40	264	Ana Fernández Diaz	12k SUB23 FE	1:39:56	40:30 40:30	1:12:14 31:44	1:39:56 27:42
41	202	Michelle Grene INDEPENDIENTE	12k GEN FEM	1:40:18	41:02 41:02	1:13:28 32:26	1:40:18 26:50
42	238	Marta Maria Diez Lago RECREO RUNNING	12k GEN FEM	1:40:45	40:59 40:59	1:12:12 31:13	1:40:45 28:33
43	237	María Marta Alvarez Garcia RECREO RUNNING	12k GEN FEM	1:40:47	40:55 40:55	1:12:25 31:30	1:40:47 28:22
44	269	Eva Andres Rodríguez INDEPENDIENTE	12k SUB23 FE	1:42:27	42:29 42:29	1:14:40 32:11	1:42:27 27:47
45	246	Juan Carlos Trimifio Fernandez	12k GEN MAS	1:43:07	42:48 42:48	1:17:29 34:41	1:43:07 25:38
46	273	Paloma Fernández Llera OUTSIDERS	12k GEN FEM	1:44:43	43:51 43:51	1:17:43 33:52	1:44:43 27:00
47	308	Paloma Fernandez Ojanguren Garc	12k GEN FEM	1:45:41	46:35 46:35	1:19:25 32:50	1:45:41 26:16
48	251	Sara López González LA VIRGEN RUNNERS CORRECAL	12k GEN FEM	1:46:23	43:02 43:02	1:18:15 35:13	1:46:23 28:08
49	271	Oliver Hernandez Martínez INDEPENDIENTE	12k GEN MAS	1:47:33	43:46 43:46	1:17:50 34:04	1:47:33 29:43
50	231	Víctor Vega Quintanilla	12k PROM MAS	1:48:15	42:20 42:20	1:18:01 35:41	1:48:15 30:14
51	248	Raquel Alvarez Carballes	12k GEN FEM	1:48:45	45:13 45:13	1:21:57 36:44	1:48:45 26:48
52	292	Marta Fernández Novo INDEPENDIENTE	12k GEN FEM	1:48:59	44:14 44:14	1:19:20 35:06	1:48:59 29:39
53	291	Ana Isabel Suárez Fernández INDEPENDIENTE	12k GEN FEM	1:49:01	44:28 44:28	1:19:28 35:00	1:49:01 29:33
54	288	Alejandro Rodríguez Pérez INDEPENDIENTE	12k SUB18 MA	1:49:22	38:51 38:51	1:15:39 36:48	1:49:22 33:43
55	283	Beatriz García Rodríguez C.D. PARAMO RUNNERS	12k GEN FEM	1:49:35	43:30 43:30	1:19:28 35:58	1:49:35 30:07
56	293	Almudena Garcia Ferrero C.D. PARAMO RUNNERS	12k VET F.A	1:49:37	44:01 44:01	1:19:14 35:13	1:49:37 30:23
57	207	Beatriz Viejo Ramos SKI CLUB CAUTERETS	12k GEN FEM	1:56:04	46:17 46:17	1:24:48 38:31	1:56:04 31:16

Pos	rsal	Nombre	Cat.	Tiempo	1(45)	2(55)	Meta	
SPEED TRAIL 12KM (122)				(cont.)				
58	209	Raquel Mª Viejo Ramos INDEPENDIENTE	12k GEN FEM	1:56:06	46:33 46:33	1:24:53 38:20	1:56:06 31:13	
59	206	Cristina Miranda Castañón GM REINOASTUR UNIVERSIDAD D	12k GEN FEM	2:02:42	47:24 47:24	1:26:39 39:15	2:02:42 36:03	
60	300	Gloria Carballo Alonso TROTARIEGOS	12k GEN FEM	2:04:23	50:22 50:22	1:30:27 40:05	2:04:23 33:56	
61	222	Isabel Gonzalez De Abajo PAREAKES LEÓN	12k GEN FEM	2:04:24	52:26 52:26	1:30:34 38:08	2:04:24 33:50	
62	223	Angeles Rodriguez Hidalgo	12k GEN FEM	2:04:25	50:14 50:14	1:30:37 40:23	2:04:25 33:48	
63	218	Nicesio Alvarez Olivera TROTARIEGOS	12k GEN MAS	2:04:27	49:58 49:58	1:30:30 40:32	2:04:27 33:57	
64	315	César Fernández Buitrón	12k GEN MAS	2:04:31	50:04 50:04	1:30:34 40:30	2:04:31 33:57	
65	289	Carlos Fernández Barrero INDEPENDIENTE	12k GEN MAS	2:05:12	48:07 48:07	1:29:10 41:03	2:05:12 36:02	
66	229	Diego Alvarez-Canal Bravo LOS JABALIS DE PUEBLA DE LILL	12k PROM MAS	2:07:46	49:00 49:00	1:31:06 42:06	2:07:46 36:40	
67	220	Daniel Prieto García INDEPENDIENTE	12k SUB18 MA	2:07:54	49:02 49:02	1:31:06 42:04	2:07:54 36:48	
68	270	Marta García Sánchez FPM EXTREME SKI CLUB	12k GEN FEM	2:07:58	52:15 52:15	1:32:12 39:57	2:07:58 35:46	
69	272	Begoña Llera Díaz INDEPENDIENTE	12k GEN FEM	2:08:23	52:13 52:13	1:31:54 39:41	2:08:23 36:29	
70	274	Ana Rubial Saiz	12k GEN FEM	2:09:58	44:44 44:44	1:19:16 34:32	2:09:58 50:42	
71	211	Jose Garcia Gonzalez C.D. LOS JABALIES DE PUEBLA D	12k GEN MAS	2:11:55	50:45 50:45	1:34:31 43:46	2:11:55 37:24	
72	286	Jose Antonio Suarez Garcia	12k GEN MAS	2:14:22	52:22 52:22	1:37:03 44:41	2:14:22 37:19	
73	227	Pedro Carlos Alvarez-Canal Rebaq LOS JABALIS DE PUEBLA DE LILL	12k GEN MAS	2:19:57	53:14 53:14	1:40:00 46:46	2:19:57 39:57	
74	226	Maria Teresa Bravo Espinosa LOS JABALIS DE PUEBLA DE LILL	12k GEN FEM	2:19:58	55:26 55:26	1:40:31 45:05	2:19:58 39:27	
75	263	Noelia Alonso Viejo GRUPO DEPORTIVO MONTAÑA DE	12k SUB18 FE	2:21:24	58:09 58:09	1:41:21 43:12	2:21:24 40:03	
76	208	Cristina Alvarez Fueyo	12k GEN FEM	2:26:07	58:49 58:49	1:49:19 50:30	2:26:07 36:48	
77	230	Sandra Diez Valbuena INDEPENDIENTE	12k GEN FEM	2:30:36	56:07 56:07	1:44:07 48:00	2:30:36 46:29	
78	285	Aixa Alonso Javares INDEPENDIENTE	12k GEN FEM	2:30:46	56:06 56:06	1:44:08 48:02	2:30:46 46:38	
79	236	Lucía González Rodríguez INDEPENDIENTE	12k PROM FEM	2:33:48	56:32 56:32	1:49:30 52:58	2:33:48 44:18	
79	216	Irene Fernández Rodríguez INDEPENDIENTE	12k SUB18 FE	2:33:48	56:35 56:35	1:49:33 52:58	2:33:48 44:15	
81	217	Carmen Fernández Rodriguez INDEPENDIENTE	12k GEN FEM	2:33:50	56:32 56:32	1:49:31 52:59	2:33:50 44:19	
82	280	José Ricardo Gago Conde	12k GEN MAS	2:45:07	1:00:01 1:00:01 1:44:02	1:58:51 58:50	2:45:07 46:16	43:19 *31
83	279	Justo Raul Anton Pastrana C.D. LOS JABALIES DE PUEBLA D	12k GEN MAS	2:45:11	59:59 59:59 1:48:07	1:58:49 58:50	2:45:11 46:22	44:00 *31
					*35			

Pos	rsal	Nombre	Cat.	Tiempo	1(45)	2(55)	Meta	
SPEED TRAIL 12KM (122) (cont.)								
84	275	Carmen García Fernández	12k GEN FEM	3:12:21	1:13:39 1:13:39 2:46:32 *35	2:20:52 1:07:13	3:12:21 51:29	1:08:25 *31
85	254	Ana Maria Pérez Garcia	12k GEN FEM	3:12:23	1:13:46 1:13:46 1:51:47 *35	2:20:45 1:06:59	3:12:23 51:38	45:01 *31
86	253	Eugenio Jose Garcia Benavente	12k GEN MAS	3:12:25	1:13:41 1:13:41 1:53:34 *35	2:20:43 1:07:02	3:12:25 51:42	45:23 *31
87	319	Marta Bertránd Vallina	12k GEN FEM	3:26:39	1:13:49 1:13:49	2:27:52 1:14:03	3:26:39 58:47	
88	316	Cristóbal Lombardia Fernández	12k GEN MAS	3:26:41	1:13:26 1:13:26	2:27:05 1:13:39	3:26:41 59:36	
	256	Jonas Muñiz Cadenas	12k GEN MAS	r en tarj.	----- 1:21:21 *35	-----	1:33:03 1:33:03	32:10 *31
	243	Emma Lopez Gonzalez INDEPENDIENTE	12k SUB23 FE	r en tarj.	-----	-----	1:38:59 1:38:59	53:26 *34
	212	Natalie Ormerod LA DESPENSA DE FER RUNNING	12k GEN FEM	r en tarj.	-----	-----	1:42:20 1:42:20	55:24 *34
	262	Maria Alvarez Llanos	12k GEN FEM	r en tarj.	----- 1:53:35 *35	-----	2:10:40 2:10:40	45:38 *31
	255	Pilar Mencia Bajo	12k GEN FEM	r en tarj.	----- 2:01:44 *35	-----	2:22:19 2:22:19	46:58 *31
	257	Bárbara Fano García-Sampedro	12k PROM FEM	r en tarj.	----- 1:54:40 *35	1:17:50 1:17:50	2:22:51 1:05:01	45:40 *31
	244	Marta Garcia-Sampedro	12k GEN FEM	r en tarj.	-----	1:31:34 1:31:34	2:49:23 1:17:49	1:03:10 *34
	241	David Fernández Fano	12k GEN MAS	r en tarj.	-----	1:31:38 1:31:38	2:49:30 1:17:52	
	290	Flavia Macías Álvarez	12k SUB18 FE	r en tarj.	----- 2:29:02 *35	-----	2:50:51 2:50:51	1:01:10 *31
	312	Cristina Velasco Díaz INDEPENDIENTE	12k GEN FEM	Desc.	47:43	1:26:42	2:02:56	
	250	Jesus Bonet Luque	12k GEN MAS	Desc.	47:43 42:49 42:49	38:59 1:23:11 40:22	36:14	
	265	Ignacio Rodríguez Suárez	12k GEN MAS	bandona	-----	-----	1:12:23 1:12:23	
	247	Maria Del Valle Pastor Fernandez	12k GEN FEM	bandona	-----	-----	1:28:50 1:28:50	
	215	Jose Cervero Estrada CLUB DE TENIS DE OVIEDO	12k GEN MAS	bandona	-----	-----		
	301	Eva Alvarez	12k GEN FEM	No sale				

Pos	rsal Nombre	Cat.	Tiempo	1(45)	2(55)	Meta
SPEED TRAIL 12KM (122) (cont.)						
228	Pedro Alvarez-Canal Bravo LOS JABALIS DE PUEBLA DE LILL	12k SUB18 MA	No sale			
201	Loveni Enari	12k GEN MAS	No sale			
314	Vanesa Galvan Martinez	12k GEN FEM	No sale			
259	Ruth María García Alegre ASTORGA RUNNING	12k GEN FEM	No sale			
249	Bella Haon Cabal	12k GEN FEM	No sale			
281	Yolanda Villadangos Vazquez	12k GEN FEM	No sale			
295	Margarita Cilleros Blazquez	12k GEN FEM	No sale			
282	María Jose Martínez Fernández	12k GEN FEM	No sale			
276	Oscar Miguel Castro Herrador	12k GEN MAS	No sale			
252	Lucas Prada García FPM EXTREME SKI CLUB	12k PROM MAS	No sale			
278	Jose Santos Salas Valien ESCUELA DEL CORREDOR ULE-C	12k GEN MAS	No sale			
320	Carlos Bravo Conde PEÑACORADA TRAIL-LOS REJOS	12k GEN MAS	No sale			
302	Javier García Rabanal	12k GEN MAS	No sale			
260	Jose Benavides Herreras ASTORGA	12k GEN MAS	No sale			
214	Macu García Garrandes	12k GEN FEM	No sale			
224	Jairo Alonso Conde ESCUELA DEL CORREDOR ULE-C	12k GEN MAS	No sale			
304	Paula García Alvarez	12k SUB18 FE	No sale			
240	Javier Ibáñez Rodriguez ASOCIACIÓN SAN CRISTOBAL LA	12k GEN MAS	No sale			
303	Paloma García Alvarez	12k SUB18 FE	No sale			

os	Dorsal	Nombre	Tiempo		
12k GENERAL FEM (49)			12,0 km		
			1(45)	2(55)	Meta
1	318	Isabel Martínez Novo C.D.PÁRAMO RUNNERS	1:20:37	32:36	58:45
2	221	Rebeca García Calvo CD TRAGALPINOS	1:27:21	36:46	1:03:39
3	277	Belen Castro Castellanos INDEPENDIENTE	1:29:02	36:46	26:53
4	213	Jacqueline Castro Martínez M DE MAMPODRE	1:34:30	37:08	1:04:38
5	305	Patricia Rodríguez Ramos ROLDANAS BIKE	1:37:23	37:08	27:30
6	204	Virginia Ortoll Polo	1:39:12	37:58	1:07:51
7	233	Estrella Sánchez Martínez SALAMANCA RAIDS & TRAILS RUNNE	1:39:47	37:58	29:53
8	266	Mónica Del Río TORTUGAS TRAIL LEON	1:39:53	39:14	1:11:37
9	202	Michelle Grene INDEPENDIENTE	1:40:18	39:14	32:23
10	238	Marta María Díez Lago RECREO RUNNING	1:40:45	41:08	1:13:54
11	237	María Marta Álvarez García RECREO RUNNING	1:40:47	41:08	32:46
12	273	Paloma Fernández Llera OUTSIDERS	1:44:43	41:02	1:11:57
13	308	Paloma Fernández Ojanguren Garc	1:45:41	42:12	32:56
14	251	Sara López González LA VIRGEN RUNNERS CORRECALLEJE	1:46:23	42:12	30:57
15	248	Raquel Álvarez Carballes	1:48:45	43:51	1:13:28
16	292	Marta Fernández Novo INDEPENDIENTE	1:48:59	43:51	32:26
17	291	Ana Isabel Suárez Fernández INDEPENDIENTE	1:49:01	40:59	1:12:12
18	283	Beatriz García Rodríguez C.D. PARAMO RUNNERS	1:49:35	40:59	31:13
19	207	Beatriz Viejo Ramos SKI CLUB CAUTERETS	1:56:04	40:55	1:12:25
20	209	Raquel Mª Viejo Ramos INDEPENDIENTE	1:56:06	40:55	31:30
21	206	Cristina Miranda Castañón GM REINOASTUR UNIVERSIDAD DE O	2:02:42	43:51	1:17:43
22	300	Gloria Carballo Alonso TROTARIEGOS	2:04:23	43:51	33:52
23	222	Isabel Gonzalez De Abajo PAREAKES LEÓN	2:04:24	46:35	1:19:25
24	223	Angeles Rodríguez Hidalgo	2:04:25	46:35	32:50
25	270	Marta García Sánchez FPM EXTREME SKI CLUB	2:07:58	43:02	1:18:15
26	272	Begoña Llera Díaz INDEPENDIENTE	2:08:23	43:02	35:13
27	274	Ana Rubial Saiz	2:09:58	45:13	1:21:57
28	226	María Teresa Bravo Espinosa LOS JABALIS DE PUEBLA DE LILLO	2:19:58	45:13	36:44
29	208	Cristina Alvarez Fueyo	2:26:07	44:14	1:19:20
30	230	Sandra Díez Valbuena INDEPENDIENTE	2:30:36	44:14	35:06
31	285	Aixa Alonso Javares INDEPENDIENTE	2:30:46	44:14	35:06
32	217	Carmen Fernández Rodríguez INDEPENDIENTE	2:33:50	44:28	35:00
33	275	Carmen García Fernández	3:12:21	43:30	1:19:28
34	254	Ana María Pérez García	3:12:23	43:30	1:49:35
35	319	Marta Bertránd Vallina	3:26:39	43:30	35:58

os	Dorsal	Nombre	Tiempo		
12k GENERAL MAS (50)			12,0 km		
			1(45)	2(55)	Meta
1	322	Jorge Manuel Perez Diaz ATLETISMO FISIORAMA-DRASANVI	56:31	22:01	41:07 56:31
2	309	Santiago Lage Diaz INDEPENDIENTE	1:06:29	26:16	47:30 1:06:29
3	310	Oscar Cañibano ATLETISMO FISIORAMA-DRASANVI	1:09:15	26:16	21:14 18:59
4	321	Jose Manuel Gago Costales C.D. PARAMO RUNNERS	1:11:19	29:10	50:59 1:09:15
5	267	Santiago Villares Fernández TORTUGAS TRAIL LEON	1:12:54	29:10	21:49 18:16
6	234	Roberto Ibán Torres	1:13:49	29:07	52:08 1:11:19
7	205	Eduardo Rascon Da Cunha LA DESPENSA DE FER RUNNING	1:17:17	29:07	23:01 19:11
8	235	Diego Ruiz Calle LA DESPENSA DE FER RUNNING	1:19:16	30:07	53:27 1:12:54
9	299	David Muñoz Gonzalez INDEPENDIENTE	1:21:23	30:07	23:20 19:27
10	268	Javier Mayo Suárez-Valdés FPM EXTREME SKI CLUB	1:23:36	30:16	53:35 1:13:49
11	306	Victor Garcia Barcala INDEPENDIENTE	1:23:43	30:16	23:19 20:14
12	297	Manuel Franco Benito INDEPENDIENTE	1:24:08	32:23	57:00 1:17:17
13	317	Pedro Cabañeros Zotes C.D. PARAMO RUNNERS	1:24:39	32:23	24:37 20:17
14	245	Felix Mauriz Garcia CASA DE ASTURIAS	1:25:37	32:52	57:57 1:19:16
15	239	Fernando Diez Lago RECREO RUNNING	1:25:56	32:52	25:05 21:19
16	313	Eduardo Moretón Celemin	1:26:34	33:07	58:16 1:21:23
16	311	Eduardo Rodríguez Martínez INDEPENDIENTE	1:26:34	33:07	25:09 23:07
18	284	Carlos Aparicio Silva	1:28:27	33:31	1:01:44 1:23:36
19	287	Pedro Gómez Casado TORTUGAS TRAIL LEON	1:29:02	33:31	28:13 21:52
20	225	José Manuel Iglesias Rumbo	1:31:06	33:35	1:01:45 1:23:43
21	203	Miguel Fernández Salazar	1:31:49	33:35	28:10 21:58
22	296	Carlos López Carbajal CD CASA DE ASTURIAS EN LEÓN	1:36:33	36:02	1:03:11 1:24:08
23	307	Javier Navarro Garcia LEÓN CORRE	1:38:33	36:02	27:09 20:57
24	219	Pedro Menéndez Martínez	1:38:35	36:27	1:03:02 1:24:39
25	258	Wendel Muniz Vidal	1:39:13	36:27	26:35 21:37
26	246	Juan Carlos Trimiño Fernandez	1:43:07	35:49	1:03:09 1:25:37
27	271	Oliver Hernandez Martinez INDEPENDIENTE	1:47:33	35:49	27:20 22:28
28	218	Nicesio Alvarez Olivera TROTARIEGOS	2:04:27	36:05	1:04:16 1:25:56
29	315	César Fernández Buitrón	2:04:31	36:05	28:11 21:40
30	289	Carlos Fernández Barrero INDEPENDIENTE	2:05:12	34:26	1:03:48 1:26:34
31	211	Jose Garcia Gonzalez C.D. LOS JABALIES DE PUEBLA DE	2:11:55	34:26	29:22 22:46
32	286	Jose Antonio Suarez Garcia	2:14:22	36:19	1:04:01 1:28:27
33	227	Pedro Carlos Alvarez-Canal Rebaque LOS JABALIS DE PUEBLA DE LILLO	2:19:57	36:19	27:42 24:26
34	280	José Ricardo Gago Conde	2:45:07	33:44	1:04:34 1:29:02
35	279	Justo Raul Anton Pastrana C.D. LOS JABALIES DE PUEBLA DE	2:45:11	33:44	30:50 24:28
				37:52	1:06:39 1:31:06
				28:47	24:27
				39:15	1:07:28 1:31:49
				28:13	24:21
				40:26	1:10:48 1:36:33
				40:26	30:22 25:45
				41:02	1:12:26 1:38:33
				41:02	31:24 26:07
				40:47	1:11:59 1:38:35
				40:47	31:12 26:36
				41:05	1:13:53 1:39:13
				41:05	32:48 25:20
				42:48	1:17:29 1:43:07
				42:48	34:41 25:38
				43:46	1:17:50 1:47:33
				43:46	34:04 29:43
				49:58	1:30:30 2:04:27
				49:58	40:32 33:57
				50:04	1:30:34 2:04:31
				50:04	40:30 33:57
				48:07	1:29:10 2:05:12
				48:07	41:03 36:02
				50:45	1:34:31 2:11:55
				50:45	43:46 37:24
				52:22	1:37:03 2:14:22
				52:22	44:41 37:19
				53:14	1:40:00 2:19:57
				53:14	46:46 39:57
				1:00:01	1:58:51 2:45:07
				1:00:01	58:50 46:16
				43:19	1:10:03 1:44:02
				*31	*34 *35
				59:59	1:58:49 2:45:11
				59:59	58:50 46:22
				44:00	1:13:13 1:48:07
				*31	*34 *35

os	Dorsal	Nombre	Tiempo			
12k GENERAL MAS (50)			12,0 km			
			1(45)	2(55)	Meta	
36	253	Eugenio Jose Garcia Benavente	3:12:25	1:13:41	2:20:43	3:12:25
				1:13:41	1:07:02	51:42
				45:23	1:15:38	1:53:34
				*31	*34	*35
37	316	Cristóbal Lombardia Fernández	3:26:41	1:13:26	2:27:05	3:26:41
				1:13:26	1:13:39	59:36
12k PROMESA FEM (2)			12,0 km			
			1(45)	2(55)	Meta	
1	236	Lucía González Rodríguez INDEPENDIENTE	2:33:48	56:32	1:49:30	2:33:48
				56:32	52:58	44:18
12k PROMESA MAS (4)			12,0 km			
			1(45)	2(55)	Meta	
1	232	Manuel González Martínez	1:19:07	31:03	56:39	1:19:07
				31:03	25:36	22:28
2	231	Víctor Vega Quintanilla	1:48:15	42:20	1:18:01	1:48:15
				42:20	35:41	30:14
3	229	Diego Alvarez-Canal Bravo LOS JABALIS DE PUEBLA DE LILLO	2:07:46	49:00	1:31:06	2:07:46
				49:00	42:06	36:40
12k SUB18 FEM (5)			12,0 km			
			1(45)	2(55)	Meta	
1	263	Noelia Alonso Viejo GRUPO DEPORTIVO MONTAÑA DE COF	2:21:24	58:09	1:41:21	2:21:24
				58:09	43:12	40:03
2	216	Irene Fernández Rodríguez INDEPENDIENTE	2:33:48	56:35	1:49:33	2:33:48
				56:35	52:58	44:15
12k SUB18 MAS (6)			12,0 km			
			1(45)	2(55)	Meta	
1	242	Javier Alonso Fernandez LOS REJOS	1:08:24	27:45	50:03	1:08:24
				27:45	22:18	18:21
				50:03		
				*55		
2	261	Alejandro Perez Arnaiz	1:17:10	31:14	57:17	1:17:10
				31:14	26:03	19:53
3	210	Luke Grene Sevillano INDEPENDIENTE	1:24:56	35:01	1:02:29	1:24:56
				35:01	27:28	22:27
4	288	Alejandro Rodriguez Pérez INDEPENDIENTE	1:49:22	38:51	1:15:39	1:49:22
				38:51	36:48	33:43
5	220	Daniel Prieto Garcia INDEPENDIENTE	2:07:54	49:02	1:31:06	2:07:54
				49:02	42:04	36:48
12k VETERANAS A (1)			12,0 km			
			1(45)	2(55)	Meta	
1	293	Almudena Garcia Ferrero C.D. PARAMO RUNNERS	1:49:37	44:01	1:19:14	1:49:37
				44:01	35:13	30:23
12k VETERANOS A (1)			12,0 km			
			1(45)	2(55)	Meta	
1	294	Francisco Javier Cerezo Pardo C.D. PARAMO RUNNERS	1:30:41	37:56	1:07:00	1:30:41
				37:56	29:04	23:41
12k SUB23 FEM (4)			12,0 km			
			1(45)	2(55)	Meta	
1	298	Marina Guerra Fernández C.D. PARAMO RUNNERS	1:35:59	40:59	1:10:52	1:35:59
				40:59	29:53	25:07
2	264	Ana Fernández Diaz	1:39:56	40:30	1:12:14	1:39:56
				40:30	31:44	27:42
3	269	Eva Andres Rodriguez INDEPENDIENTE	1:42:27	42:29	1:14:40	1:42:27
				42:29	32:11	27:47